

PLAIN VALUES

HyR BRIX

WORD OF THE YEAR

LOVING OUR ENEMIES

DRIVING ME CRAZY

VACCINES



FROM ROTTLEBEN TO LANCASTER COUNTY

The Stoltzfus Family Heritage

Building homes in our community. Bettering the homes of our employees.

WE DO IT WITH JOB BENEFITS LIKE THESE:

- Opportunity, great hours, great pay
- Medical, Dental, Vision, Prescriptions
- Flexible spending accounts
- Non-tobacco incentives & coaching program
- Insurance options: basic life, AD&D, short-term disability, employee, spouse, children
- Health and wellness program
- Paid vacation (up to 3 weeks after 3 years of service)
- 9 paid holidays
- 401(k) retirement contribution
- Christmas savings club
- Life services: funeral planning & identity theft protection
- Valuable Assistance Programs: travel, medical evacuation & repatriation, security & political evacuation
- MyLibertyAssist Assistance Program: counselling sessions, financial advice, attorney assistance, work life specialist assistance



**New Year. New Career.
Apply in person.**

SKYLINE

Building homes in our community.

580 Mill Street NW
Sugarcreek, OH 44681
1-877-340-7691



FOOT PAIN? KNEE PAIN? BACK PAIN?

Total Relief Guaranteed or Your Money Back!

**FREE
INFORMATION**

The coupon below will bring you a FREE Information Kit about an amazing foot support that, for 40 years, has brought blessed relief to more than 3,000,000 foot pain sufferers worldwide. No other foot support has ever given such long-lasting relief to so many people.

Please take a moment now to read some important information about what causes foot pain and how to overcome it.

Did you know that most foot problems are caused by a misalignment of the bones in your feet? Such a misalignment can occur for many reasons ... advancing age, improper shoes, lack of exercise or simply by spending long hours on your feet.

Foot pain begins when the foot's balance and natural support is gone. You might first notice painful corns, calluses, burning skin, tender blisters, and toe cramps. Even worse, bunions, hammertoes, fallen arches, and heel spurs can develop. You can even blame ankle, leg, knee, hip and lower back pain on improper foot alignment. **Sadly, when your feet hurt you hurt all over!**

**Featherspring®
Shoe Inserts**



Thin and Flexible!

End foot pain instantly with the remarkable discovery! Flexible Featherspring® Foot Supports help restore the natural support and balance of your feet ... Something that pills, powders, salts, lotions or soaking can never do!

Featherspring® Foot Supports



It doesn't matter whether you are a man or a woman, whether your feet are

size 4 or 14, what width your foot is, how low or high your arches are, how old you are or how long you've had foot pain. Because **Featherspring®** Foot Supports are custom-formed just for you!

Don't settle for off-the-shelf products or inferior materials. Custom-formed flexible **Feathersprings** are super thin, super strong and made of premium stainless steel. They help restore and maintain the elastic support you had when you were younger.

Furthermore, you can stand all day, walk, dance, jog or even run in total comfort. **Your feet, ankles, legs, knees, hips – even your back – can find relief.** You see, **Feathersprings** actually support your feet and thereby your entire body. And they do so while absorbing shock and relieving pain. What's more you can "flex" your feet in any direction, giving you full and total movement. You can even wiggle your toes in total comfort!

© Luxis® International, Inc. & LCS

ONE PAIR OF FEATHERSPRINGS IS ALL YOU'LL EVER NEED. And you can wear them anywhere, anytime – even with sandals. When worn they are virtually invisible under your feet!

Still unsure? That's okay. You don't have to believe us. Try them yourself and decide. **You get a full year to test them at home plus our money-back guarantee!**

"I like my Featherspring supports and would not consider going without them. For me it is not only a pain reliever for my feet but truly a back saver. Try it yourself, you'll get great service at Luxis."

– Eli Swartzentruber

The claims we make about Flexible **Featherspring®** Foot Supports are not exaggerated! 3,000,000 satisfied customers are proof positive. It's simple: **Featherspring®** orthotics will bring you relief or **your money back.**

Call toll-free today! Ext. 13-003

1-800-628-4693

Please, don't turn the page with the idea that you'll come back to it later. Cut out the coupon now and mail it today. You have nothing to lose but your aches and pains. Call or write today!

FREE INFORMATION

Luxis International, Inc.

1292 South 7th St, Dept. 13-003

PO Box 8007, DeKalb, IL 60115-8007

☐ **YES! Help me to end my aches and pains.**

Send me 1 • 2 (circle #) FREE Information Kits about pain-relieving **Featherspring® Foot Supports**. There is no obligation. I will watch for a LARGE PINK ENVELOPE in the mail.

☐ **Also send free catalog of other Luxis items**

Full Name _____

Address _____

City _____

State/Zip _____



// HAVE A HAPPY NEW YEAR! //



PLAIN VALUES

PUBLISHER MARLIN MILLER

GENERAL MANAGER KEVIN BILLE

SENIOR EDITOR SUE WENGERD

COPY EDITOR PHIL BARKMAN

ACCOUNT MANAGER MATT YODER

GRAPHIC ARTIST ISAAC HERSHBERGER

GRAPHIC ARTIST SETH YODER

CUSTOMER SERVICE BETHANY TROYER

PHOTOGRAPHER LANDON TROYER

CONTRIBUTING WRITER NIC STOLTZFUS

CONTRIBUTING PHOTOGRAPHER JEFF STOLTZFUS

CONTRIBUTING WRITER FERREE HARDY

CONTRIBUTING WRITER MARCUS A. YODER

CONTRIBUTING WRITER TORRY MARTIN & DOUG PETERSON

CONTRIBUTING WRITER DR. TERESA HOXWORTH

FEBRUARY 2020 AD SALES DEADLINE JANUARY 7, 2020

Plain Values is published monthly by Plain Target Marketing, LLC. Please contact us with any questions regarding *Plain Values*.

PO Box 201/2106 Main Street, Winesburg, OH 44690

Phone: (844) 260-4578 | Fax: (330) 601-4099

www.plainvalues.com | ads@plainvalues.com

THE FORMALITIES

This publication and its contents are © 2020, Plain Target Marketing, LLC. Individual copyrighted items, trademarks, etc. contained within are the property of their respective copyright holders. No part of this publication may be reproduced or redistributed by any means without authorization from the publisher. Publisher is not responsible for advertisers' offers, products, or services, and publication neither expresses or implies an endorsement.

NEW YEAR'S ~~RESOLUTIONS~~ **GOALS**

- ☒ READ MORE BOOKS
- ☐ READ A CLASSIC
- ☐ READ TO A CHILD
- ☐ READ A BIOGRAPHY
- ☐ READ A DEVOTIONAL
- ☐ READ A SEQUEL
- ☐ READ A BOOK
ABOUT ADOPTION

CONTENTS

OHIO | ISSUE 79 | JANUARY 2020



FROM ROTTLEBEN TO LANCASTER COUNTY // 11

The Stoltzfus Family Heritage

I made it my mission to learn as much as I could about my Amish and Stoltzfus heritage, and... I learned a great deal.



HYR BRIX® // 27



LOVING OUR ENEMIES // 49



DRIVING ME CRAZY // 56



VACCINES // 65

ON THE COVER

Nic and his father, Elam, standing in front of their ancestors' homestead in Lancaster County, Pennsylvania.

MESSAGE FROM THE PUBLISHER // 9

OLD DUTCH WORDS CROSSWORD PUZZLE // 32

It's that time again! Test your knowledge as you try to figure out all 33 old dutch words and complete the crossword puzzle.

PENGUINS: PERPLEXING AND PROFICIENT // 37

Unlike other birds, penguin wings are designed for flying through water, not air, as it escapes predators and hunts for krill and other seafood.

WORD OF THE YEAR // 42

Do you ever wonder what lies ahead? Have you ever chosen a single word that will be your goal for the new year?

FUNDS AND BENEFITS // 72

Every month we provide a listing of opportunities to help out those in need. Pray for them, and support them financially if you feel led to do so.

INDEX OF ADVERTISING // 73

Every advertiser in this issue of *Plain Values* can be found here, along with the page their ad is on.

Prostate Woes Making Your Life Miserable?

John sat on the edge of his bed. The sunlight was just starting to fill the bedroom windows. John felt like he had been dragged through his field. He had barely slept. As with many of his nights, John struggled with multiple trips to the bathroom. Some nights he can get back to sleep after each trip. And some nights he can't. That was last night.

Having to deal with several trips to the bathroom on a nightly basis is bad enough. Then he has those trips where he simply can't go. He wants to. He strains to. But he can't. It's like something has tied a knot inside his body that keeps him from going. He knows he has a problem with his prostate.

A couple days later his brother Joseph had stopped by the house. John mentioned that he wasn't sleeping well and thought he may have an issue with his prostate. He told Joseph that he was going to start taking Saw Palmetto because that's what several others had suggested.

Joseph said, "John you can do better than that. Saw Palmetto is a good herb to take for prostate issues but there are products out there that not only contain Saw Palmetto but a variety of other natural ingredients that work together to help those of us with prostate problems. The one I've been taking has 30 different ingredients, including Saw Palmetto. And it's called Prost-Fix".

Yes, Prost-Fix has 30 different ingredients to help get prostate issues under control.

And that ingredient list starts with Saw Palmetto, which is considered the "granddaddy" of natural prostate ingredients. It's been used to treat enlarged prostates since the 1800's. And it has been extensively researched over the past four decades... Many of those studies have shown that Saw Palmetto can shrink an enlarged prostate. But Saw Palmetto is just a small part of

what's in Prost-Fix. Here are several of the other ingredients included in each capsule of Prost-Fix:

Zinc: There's more zinc in one's prostate than in any other part of the body. It's needed for a healthy prostate. One study shown that a healthy prostate has contains more zinc than an unhealthy prostate.

Copper: Copper helps the body maintain healthy blood circulation, which is vital for the prostate.

Selenium: In several studies Selenium has been shown to help protect the prostate.

Cernitin flower pollen extract: In one study helped improve prostate symptoms in a large majority of men.

Vitamin E: Helps keep your PSA low.

Quercetin: Help fight prostate problems within your cells.

Pumpkin Seed Extract: Helps maintain a healthy flow.

Nettle Root Extract: Very popular in Europe for prostate issues.

Vitamin B6: Helps boost your immune system.

And that's just a few of the ingredients found within each bottle of Prost-Fix. These ingredients have helped thousands get their prostate issues under control. Here are just a few of the testimonials about the ingredient list found in Prost-Fix...

"I ordered this product for my father who is healthy and just turned 64. He had issues with frequent bathroom trips. Since taking this product for four weeks, he has noticed a fewer number of bathroom trips. We very much appreciated this product!" -James Wilson

"I have tried several prostate supplements, with some working better than others, but this brand is far ahead of the rest, two and half-weeks using the product and I

have improved flow and my number of nightly bathroom trips have greatly reduced-Joseph Miller

"Always on the lookout for a better prostate product. It took it for a little over a month before I started to see improvement, and now I'm really happy with the results. There have been several nights where I was able to sleep nearly the entire night hours without interruption. Very pleased with the product. -Nathan Johnson

If you're sick of prostate problems then you need Prost-Fix!

- **END THOSE NIGHTLY BATHROOM TRIPS!** Get more sleep & stop waking up every night
- **INCREASE FLOW RATE** – Effective blend of 30 herbs, vitamins & minerals support urinary function
- **QUALITY YOU CAN COUNT ON** - MADE IN THE USA in a FDA and GMP Certified Facility and tested for purity by a third party
- **NO ALLERGENS** – NO GMOs, binders, fillers, preservatives, soy, gluten, dairy, shellfish, peanut and eggs
- **60 Veggie caps** within each bottle. Each bottle is a 30 day supply

Prost-Fix comes with a full 30-day money back guarantee.

One bottle of Prost-Fix is \$29.95 and if you order two bottles you'll get a third bottle absolutely FREE! You'll also receive free shipping & handling. To order you can send payment to: MWSB Inc., 834 South Union Street, Olean, NY 14760-3917 OR for credit/debit card orders, you can call 1-888-762-5477.

These statements have not been evaluated by the FDA. The testimonials may not be representative of the results you achieve.

MESSAGE

from the

PUBLISHER

words by: **MARLIN MILLER**

As always, may you find joy in the simple things.

I usually end my notes with that phrase, but today I find it appropriate to begin with it. As you've probably already noticed, this issue of *Just Plain Values* looks a bit different than what you've been accustomed to.

Listening to the phrase I always preach, I realized the magazine itself could benefit from a little simplification. The first issue of *Just Plain Values* was mailed out over six years ago in June of 2013, after the adoption of our third child. Since that first issue, I've heard our magazine called many things by mistake, some of my favorites being *The Plain Truth*, *Just Plain Fancy*, and *That Plain Values Magazine*. It never bothered me that some of our readers had trouble remembering the name; I was just glad to hear you enjoyed it enough to tell me about it.

However, as much as I love hearing all the different names, the most common way I've heard people refer to the magazine is simply, *Plain Values*.

Recently, this got me to thinking... for a magazine that seeks to serve people who value the simple things

in life, the title is obviously anything but simple! If our readers have trouble remembering the full name of the magazine, then why don't I simplify it to what the majority of you refer to it as; *Plain Values*? So, starting with this issue, *Just Plain Values* will now be known as *Plain Values*. Everything you know and love about the magazine will remain the same (the stories, the ads, etc....), but it will be presented in an updated and simplified package with a name much easier to remember.

My hope is that you'll enjoy the new look of the magazine and look forward to the other bit of big news we have coming later this year. 2020 is going to be a great year, and I can't thank you enough for allowing us to do what we do. //







from
ROTTLEBEN
to
LANCASTER
county



The Stoltzfus Family Heritage

words by: **NIC STOLTZFUS**

I first moved to Pennsylvania in the fall of 2018 to become caretaker of the Nicholas Stoltzfus Homestead in Reading. I was also nearing completion of a coffee-table book I was working on: *German Lutherans to Pennsylvania Amish: The Stoltzfus Family Story*. I was unsure about how it would go—although my father Elam was born Amish in Lancaster County and grew up there, I was a stranger to this region. I had never spent more than two weeks in Pennsylvania my whole life and didn't know much about Amish culture and way of life. After all, I was a Floridian who was raised on grits and sunshine, not snow and scrapple.

I made it my mission to learn as much as I could about my Amish and Stoltzfus heritage, and this past year I learned a great deal.

Help for your child's learning problems

Is your child a struggling learner? Does he or she:

- reverse letters?
- have a short attention span?
- have difficulty with body space?
- have difficulty following multiple instructions?
- have a diagnosis of ADHD, Dysgraphia, or Dyslexia?

Our key to finding the right solution: discover the root cause of the problem instead of focusing on the symptoms. See how we can help!



Call to learn about our drug-free therapy.
330-347-4096 | www.abcfoundations.org

NO MORE HIDING FROM BEDWETTING

Attack the problem head on with us. With over 60 years of experience, our program for correcting bedwetting has a 97% success rate using no medication!

“Our son, Paul, was declared dry after approximately four months on the program... Paul is happier and has more self-confidence since using your program. Thank you for helping us with the problem.”
-PR, Louisiana

Dry Point
 Solutions

Toll Free: 844.234.4050
1250 S Buckley Rd Ste I-316
Aurora, CO 80017
www.drypointsolutions.com

+

The central figure around whom this project was swirling was Nicholas Stoltzfus, the immigrant, and my namesake. In many ways, he was the linchpin that held together the key concepts of my book; the German Lutherans and the Pennsylvania Amish.

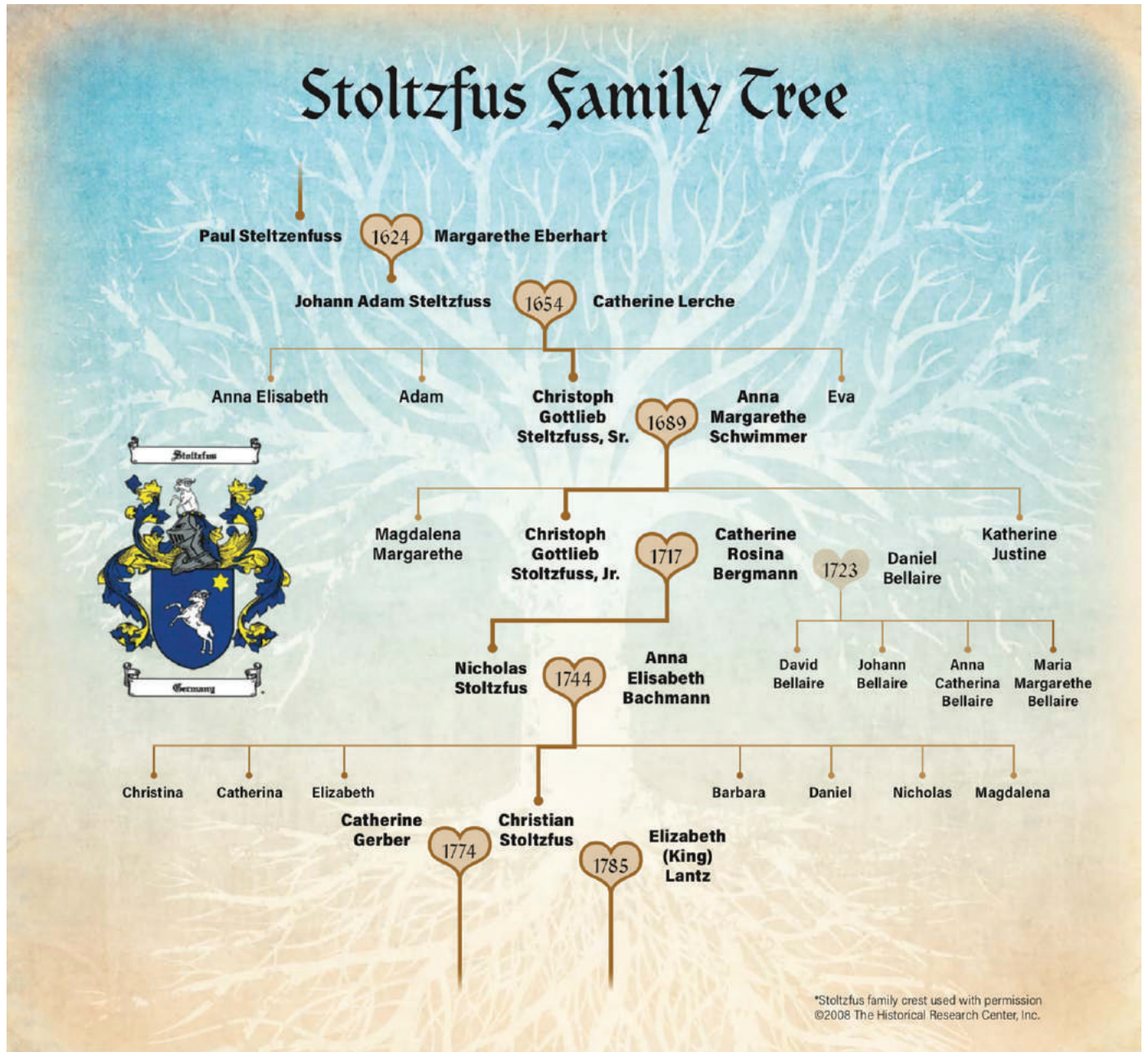
Nicholas' ancestors were of the Lutheran faith, and they were deeply committed to it. His great-grandfather, Johann Adam Steltzfuss, was an ordained Lutheran minister, as was his grandfather, Christoph Gottlieb Sr. Together, as father and son, they served as ministers of a small Lutheran church in Rottleben, a village in eastern Germany. This is where Nicholas' roots trace back to: Lutheran and German, as opposed to the Swiss Anabaptist heritage of most other Amish and Mennonites.

Switzerland is over 400 miles away from where the Stoltzfus family originated; how then did they cross paths with the Amish?

It was Nicholas' father, Christoph Gottlieb Jr., who left his homeland behind. He was an orphan at a young age since his parents both died in their thirties. Because of this, he likely had to make his own way in the world. Christoph became a wigmaker, a step down the social ladder from his forefathers, who were ministers in the established Lutheran church. At the time, the city of Zweibrücken had an elaborate court; perhaps he relocated to provide his services to the nobility there. Anabaptists were also living in Zweibrücken, having migrated there from Switzerland via France. The ruling class had invited them there because they were skilled farmers.

Tragically, Christoph Jr. also died young, at age twenty-nine. Nicholas was the only child. His mother, Catherina Rosina (Bergmann) Stoltzfus, soon remarried and had four children with her husband, Daniel Bellaire.

Like generations before him, Nicholas was raised a Lutheran. He was baptized as an infant, confirmed into the church as a teenager, and was even asked to be a godfather for an infant girl when she was baptized into the local congregation.



**THE CENTRAL FIGURE AROUND WHOM
THIS PROJECT WAS SWIRLING WAS
NICHOLAS STOLTZFUS, THE IMMIGRANT,
AND MY NAMESAKE.**



It seems like Nicholas didn't have it easy; as a young man, he admits that he didn't expect any inheritance from his mother and stepfather. There may have been too many mouths to feed; if that was the case, perhaps he was the one lost in the shuffle, being the stepson. Maybe he sought affection and love outside the home; as a teenager, he fathered a child out of wedlock.

Nicholas left home and went to work for farmers in France. It was there where Nicholas came into contact with Anabaptists, who were the majority of the farmers in the area. Nicholas writes, "I became familiar with their quiet ways and embraced them as my own..."

This statement shows that these Anabaptists provided Nicholas with more than just a job; they also gave him love and affection. He was a stranger, and they took him in.

As a young man, Nicholas began working for a Mennonite farmer closer to home. Christian Bachmann managed the Ringweiler farm a few miles outside Zweibrücken, and Nicholas married his daughter Anna Elisabeth in 1744.





Lambing & Kidding Supplies

Contact us for **FREE** catalogs!
 Sheep & Goat Supplies • Electric Fencing • Poultry Products

FREE
 Shipping
 on qualified
 orders!



800-282-6631
premier1supplies.com

For two decades, they raised their family in Germany but decided to leave for Pennsylvania in 1766. Many other Amish and Mennonite families had left earlier—lured by the ability to own land, lower taxes, and greater religious freedom.

The records show that when the Stoltzfus family was in Germany, they were Mennonite. But when they came to America, they began to associate with the Amish. We don't know why or under what circumstances they made the decision to join with the Amish, but this is the faith that the Stoltzfus family chose.

Three of their children married into the Amish faith: daughter Anna married Christian Fohrer, daughter Barbara married John Schmucker, and son Christian married Catherine Gerber.

JOHANN ADAM STELTZFUSS AND HIS
 SON, CHRISTOPH GOTTLIEB, PASTORED
 THIS CHURCH IN ROTTLEBEN.



WEAVER[®]
LEATHER
SUPPLY
A CUT ABOVE

ASK FOR IT BY NAME

The only harness webbing that carries a guarantee from the manufacturer

For a harness that works as hard as you do, select the best materials from the most reliable source in the industry. Brahma Webb[®], Weaver's own brand of durable coated webbing, is weather-resistant, low maintenance and easy to clean. The soft sheen and realistic leather grain imprint of Brahma Webb[®] combined with durable, non-rust stainless steel hardware make for a harness that looks as good as it performs.

Brahma Webb[®] is also available from the following distributors

Fisher's Harness Shop Ronks, PA 717-687-6048	Troyer Enterprises Millersburg, IN 574-642-3678	Countryside Manufacturing Harwood, MO 417-432-1062	E & L Harness Dungannon, Canada 519-525-1966
--	---	--	--

800-932-8371 • www.weaverleather.com

17-1059-SP-DAD

When the family had enough money to purchase land, Nicholas co-purchased land with his son, Christian. (In 1771, they co-purchased land that contained the stone house that is today known as the Nicholas Stoltzfus Homestead.) This was a way for Nicholas to provide for his son and help him get started in the world.

His son Christian embraced the values of the Amish community: family, faith, and distinctness of belief.

When his father died in 1774, Christian was entitled to a double portion of the inheritance. However, he declined the double portion and, instead, agreed to have it split evenly amongst himself, his three sisters (Anna, Barbara, and Magdalena), and his widowed mother. Like his father before him, Christian also helped out his son John by co-purchasing a farm for him in Lancaster County.

Together, Christian and John served as bishop and minister of the West Conestoga church district in the early 1800s. In 1809, Christian met with other Amish church leaders to solidify some of the early rules of the church: the document includes articles about

shunning, simplicity of dress, not serving on juries, and not swearing oaths.

Christian Stoltzfus passed away in 1832 at the age of eighty-two. When he died, he was survived by thirty-four grandchildren and thirty-five great-grandchildren. This number continued to grow so that, today, Stoltzfus is the most common last name amongst the Old Order Amish in Lancaster County.

+

This past year I have thought a lot about decisions. *What if? What if? What if?* I think to myself—*What if Nicholas' father had remained in Rottleben? What if Nicholas had married a Lutheran woman instead of the Mennonite farmer's daughter? What if the Stoltzfus family had chosen to remain in Germany or travel to Russia instead of going to America? What if Nicholas and Anna Elisabeth decided to remain Mennonite instead of joining with the Amish?*

The decisions of our ancestors continue to impact us even today. Likewise, the decisions we make have an

impact on future generations. This is why we ponder the past and why we read stories of our ancestors—to serve as lights as we walk along our journey.

As we look back in time through the lens of history, we see glimpses of who our ancestors were. They weren't perfect, but rather clay-footed people as prone to stumbling as you or me. And yet I see people who were trying, in their own way, in their own time, to live a good and godly life.

May the lives of our ancestors illuminate our own paths as we continue to strive for the values they cherished: to love our neighbor as we love ourselves, to take care of our family, and to live out our faith day-by-day. //

+ + + +

This is the translation of Immigrant Nicholas Stoltzfus' petition to the Duke of Zweibrücken to marry Anna Elisabeth Bachmann. He was not allowed to marry her because he was Lutheran and she was Mennonite, so he had to get permission from the government to marry outside his faith. In the petition, Nicholas gives a brief account of his life.

About my petition to the district to marry the daughter of the Ringweiler farmer, who is an Anabaptist, I have been referred to the Duke's government [to ask] for permission for this reason: because my parents do not belong to this religious party but rather [that of] my father, Christoffel Stollfuss [Christoph Stoltzfuss], who died in Saxony, and my mother, the wife of the pond digger Belleur [Bellaire], is the Lutheran Religion.

And after my mother's return to this land following my father's death, I at times had to serve among foreigners living on the farms at and around Wissembourg where I stayed for a time and had the opportunity and, because they were inhabited with no others than Anabaptists, I became familiar with their quiet ways and embraced them as my own and have retained them until now and went to such people at Ringweiler to work for them.

Yes, and the causes for my decision to marry are that I am 25 years old and have nothing [no inheritance] to hope for from my parents and



QUALITYSIPs
Structured Insulated Panels & More

**Need an Ice House?
Financing Now Available!**

**AMAZING
INSULATION**

Perfect for Ice Houses!

"Styrofoam cups ARE EPS and it's perfect for more than just your coffee!"

What is the best way to insulate my Ice House?
EPS (expanded polystyrene) has been used for decades for things like keeping our coffee hot (coffee cups), our drinks cold (coolers). Doesn't it just make sense to use this in our buildings?

EPS Is:
Moisture Resistant
Extremely Durable
Fully Recyclable!
Lightweight!

8685 Township Rd 561
Holmesville, Ohio, 4633

(330) 279-2345 | www.QualitySIPs.com



New Day
Memory Foam Mattresses & Pillows

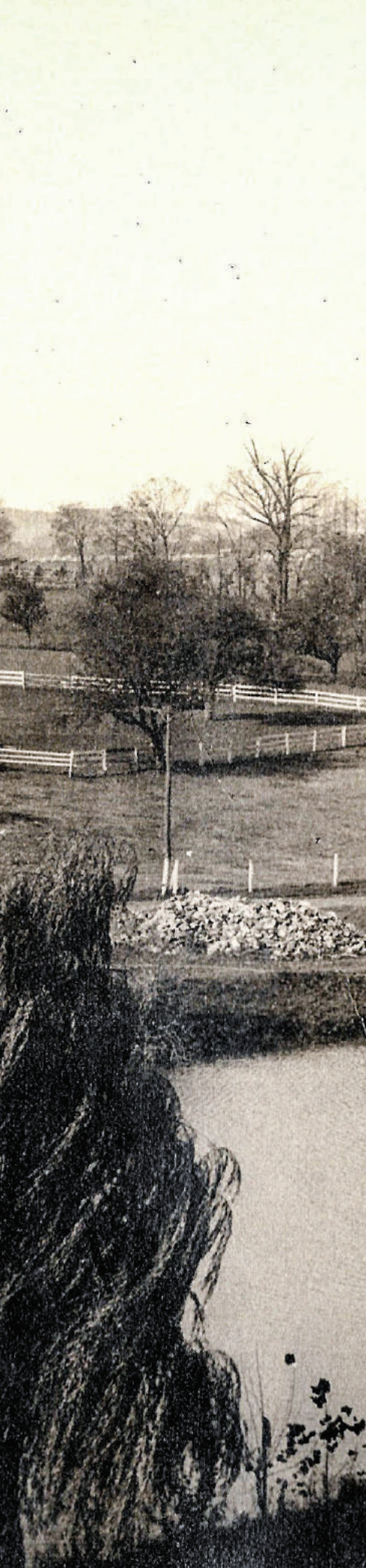
"My husband struggled with constant back pain. Most nights, before we had a New Day memory foam mattress, he would end up on the recliner. With our new mattress, he can go to bed and get a good night's sleep. We love our new mattress and wouldn't choose anything else."

The Troyer's — Apple Creek, OH

Shipped to Your Door Hypo-allergenic Memory & Gelcare Memory Foam Living Fresh Sheets & Protectors Adjustable Bases

First Choice Mattress LLC
Freeman & Linda Troyer • 6838 Cutter Road, Apple Creek, OH 44606
Call for More Information - (330) 698-1888





LEFT: A PHOTO OF THE NICHOLAS STOLTZFUS HOMESTEAD FROM THE EARLY 1900s.
TOP: A GROUP OF BOYS PLAYING AT THE WATER PUMP.
BOTTOM: THREE GENERATIONS OF STOLTZFUS DESCENDANTS WALKING TOWARDS THE HOMESTEAD.

THEY WERE SHOCKED BY WHAT THEY SAW: A HAUNTED-LOOKING BUILDING COVERED IN A JUNGLE OF VINES AND WEEDS.



ABOVE: THE HOMESTEAD IN 1994
RIGHT: THE HOMESTEAD, PRESENT DAY

through such a marriage expect to succeed in my subsistence. Since if my humble request is granted, it can only be more of a help to my condition than a hindrance, [I request] that the marriage be permitted.

Nicolaus Stoltzfus, Zweibruecken, January 14, 1744.”

Translation by Rosalind Beiler

+ + + +

The following is an excerpt from “The History of the Nicholas Stoltzfus Homestead,” which is Part II of Nic’s book.

On a spring morning in 1997 in Morgantown, Lois Ann Mast stood by the door of a burgundy bus handing information packets to people boarding the bus. The people on the bus, who numbered around fifty, were participating on a tour of Amish-Mennonite historic sites in Berks County. Lois Ann’s husband, Lemar, led the tour along with local historian, Paul Kurtz. Like Lemar, Paul had a deep knowledge of the history of early Amish-Mennonites in Berks County. His father, C. J. Kurtz, had led some of the earliest tours to historic Amish-

Mennonite homesteads and points of interest in Berks County.

After leaving Morgantown, the bus stopped at a few sites in Shillington, then went up to see the Schmucker Homestead in Wyomissing, across the Schuylkill River from Reading. Lemar and Paul led the group around the stone house—now managed by the Borough of Wyomissing—and pointed out the stone plaque noting that John Schmucker and Barbara Stoltzfus Schmucker once lived here. The group admired the restored stone house and neighboring pond, babbling into Wyomissing Creek. The scenic park was a favorite among locals, who skated on the pond during the winter and celebrated Independence Day picnicking on the lush summer grass.

From here, the group boarded the bus and headed three miles north towards the Nicholas Stoltzfus Homestead. As the bus rumbled down Tulpehocken Road, the people onboard looked out their windows. They were shocked by what they saw: a haunted-looking building covered in a jungle of vines and weeds.



PAUL SQUINTED HIS EYES AT THE RESTORED HOUSE. HE COULD ALMOST IMAGINE NICHOLAS STOLTZFUS WALKING THROUGH THE FRONT DOOR. IF ONLY HIS FATHER COULD SEE HOW GOOD THE HOUSE LOOKED TODAY!

Paul and Lemar led the intrepid group through the thick brush that covered the property. Plywood covered the windows and the tin roof was stained with rust. Paul opened the front door to a house that had been unoccupied for nearly a decade. Their dismay mounted—the paint was peeling off the walls, raff dangled from the ceiling, and the air smelled dank and musty.

Many in the bus were descendants of Nicholas Stoltzfus, and to see the home of their ancestors—once a clean and happy home where families lived, laughed, and worked these very grounds—in such a broken-down state was hard to see. Over lunch at Roadside America and supper at Conestoga Mennonite Church, many conversations centered around this homestead and what could be done to preserve it.

People on the 1997 Masthof tour talked about their plans to preserve the house with friends and family. But they weren't the only ones working to preserve the house. Along a parallel track, members of the Pequa Bruderschaft Library—a library founded and managed by Old Order Amish historians—had also made visits to the homestead and wanted to see it preserved, as well.

+

After the Nicholas Stoltzfus Homestead Preservation Committee was granted the license to restore the homestead, they had a date in mind to finish it: fall 2002, in time for the 250th anniversary of Berks County. This was an ambitious timetable, with less than two years to finish the exterior restoration work.

After Jacob Riehl and his crew repointed the stones, the Committee turned their attention to the windows. The boards over the windows were removed, along with the windows themselves, which were in bad shape. New window frames were installed: Sam D. Stoltzfus donated the wood for the frames, and Lemar Mast built the frames with help from his father Horace and son Daniel. After fitting the frames, Lemar painted them tinner's red, a vibrant hue that complemented the freshly-cleaned stone walls.

By July 2002, the house was ready for the finishing touch: replacing the roof. The old tin roof and rotting wood shingles underneath were removed and replaced with old-fashioned cedar shake shingles. After the work was done, the volunteers stood by in the sweltering summer heat, admiring their handiwork.

On October 5, 2002, two tours visited the recently-restored homestead: the Berks County Conservancy with their "250th Anniversary of Berks" tour and Masthof's "Amish-Mennonite Heritage Tour," again led by Lemar Mast and Paul Kurtz. For Lemar and Paul, their tour was particularly meaningful. Only five years earlier, the house had been in ruins. Paul squinted his eyes at the restored house. He could almost imagine Nicholas Stoltzfus walking

through the front door. If only his father could see how good the house looked today!

The following February, the Nicholas Stoltzfus Homestead Preservation Committee held their second annual banquet at Yoder's Restaurant in New Holland. After singing the traditional Amish song from the *Ausbund*, the "Lob Lied" or Love Song, nearly fifty people listened to various presentations related to the homestead and the Stoltzfus family. Jack Parmer shared his findings about the architecture of the house; Chris P. Stoltzfus shared about his trip to Germany to find out more about the Stoltzfus ancestry there; and Sam S. Stoltzfus shared his poem "Der Tulpehocken Zu Der Stoltzfus Haus", as told from the perspective of the Tulpehocken Creek.

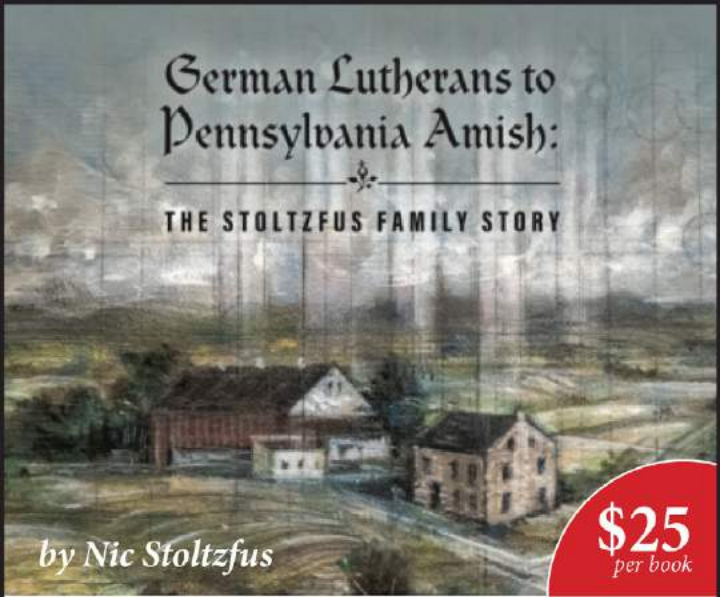
Sam ended his poem with these final three stanzas:

*Soon briars and weeds take over,
O my, I fear for the house.
Then I hear Leader Homes,
and there's building next door.
Next I see broad brimmed hats,
poking through the house.
Up goes a sign, Pequea Bruderschaft Library,
then there's more.*

*The Stoltzfuses have been with broom and shovel.
Windows are fixed, walls repaired,
a pump in the well.
The old stone house suddenly has a new spirit.
The clean'in and fix'in did more
than words can tell.*

*O what fun to flow by the happy house now.
Seems the birds sing more,
wild flowers in full array.
I hear Tri-County Heritage Society,
the preservation committee.
I'll say thanks again, surely the house will stay.*

To visit the restored Homestead, schedule a tour with the caretaker by calling 484-878-2916. The Homestead is also open the first Saturday of May, the date of the annual benefit auction.



German Lutherans to Pennsylvania Amish:
THE STOLTZFUS FAMILY STORY
by Nic Stoltzfus

A story of six generations of the **STOLTZFUS** family highlighted by over 150 color pictures and the restoration of the **NICHOLAS STOLTZFUS HOMESTEAD**.
(144pp. color illus. hardcover. Masthof Press, Released October 2019)
\$25 per book + \$4 shipping and \$0.75 shipping for each additional book

Book available for purchase at **Masthof Bookstore**
219 Mill Road, Morgantown, PA 19543 | 610-286-0258

WWW.MASTHOF.COM

Stop over-paying for your meds.



Main Street Other Pharmacies



Now offering Water Soluble, Full Spectrum CBD Oil.
Love this product? Ask how to become a distributor.

We crush Walmart prices and ship free!
Call today: 330-682-2905

Main Street Pharmacy & Wellness Center
120 N Main St Orrville, OH 44667
Mon-Fri: 9-6 • Sat: 9-1 Closed Sun



RACHEL MAST

Gabrail Cancer Center knows time is of the essence when it comes to treating cancer. That's why they see patients within 24–48 hours of being contacted and offer in-house biopsies and CAT scans. No weeks of waiting, no redundant tests, and none of the delays to treatment often found at hospitals. Dr. Gabrail believes in getting people diagnosed and treated in the quickest, most convenient way possible.

"When you delay a diagnosis, things can go wrong. Ultimately, patients need to be treated," Dr. Gabrail tells me. He is known worldwide for his knowledge, experience, and research in cancer, yet his compassion is

easy to hear even over the phone. "Imagine if you have a disease that you know can either kill you in six months or be cured. You have to put yourself in the patient's shoes."

Aaron Hershberger knows all too well the detriment of waiting. For six months he struggled, seemingly unable to recover from what he had been told were bad protein levels and a hiatal hernia. He had gone to Mexico for help but returned home without a proper diagnosis. When his lower back crumbled while using a pipe wrench, he knew it was time for another opinion.

Aaron called GCC on a Monday and two days later was in the office and diagnosed. Cancer had already eaten into Aaron's bones, leaving him with the lifelong effects of a damaged back. "If only I had done something right away," he laments. "I probably couldn't tell anything happened."

However, Aaron is eternally grateful for the help he received at GCC. Upon arriving at the Center, he was in a wheelchair, but three weeks later, he was walking again. Today, Aaron is in remission. Other than stopping to rest his back, he is on the go, getting up at 4:30 every morning

to operate his business of twenty-two employees.

GCC is known nationally for its clinical trials, experimenting with new drugs. Patients who agree to enroll in a clinical trial can receive the experimental portion of their treatment for free and, many times, have their transportation paid. "These are not just a shot in the dark," Dr. Gabrail explains. "Every drug approved had to go through a clinical trial. We do that better than anyone else in the nation."

Wayne Hochstetler is well acquainted with GCC's clinical trials. He has participated in them for the past five years. Although in remission, he continues to take mild doses of preventive chemotherapy three weeks out of the month. He talked to me over the phone from a recliner at GCC, where an IV dripped into his veins.

"This place is so different from a hospital—there's no comparison," Wayne shares. He described a homey atmosphere with a few

"This place is so different from a hospital—there's no comparison," Wayne shares.



Patients can pick up their medication straight from their appointment as a convenience. Also, since The Liberty Pharmacy is a retail pharmacy, anyone can utilize it for all of their medications. Refills can even be synced and either picked up all at once or shipped to their homes for a handling fee.

rooms for procedures, a large living room with recliners for taking treatments, and staff who put the patients' needs at a high priority.

"I just want people to know this place is here. It's a great place." Wayne credits his recovery to early detection and has been grateful many times that his family doctor suggested GCC.

One of the drugs Wayne trials is a premed drug, which keeps patients from getting sick from chemo. It's no secret chemo can make a person so sick they wonder if it's worth the treatment. This is not the case for Wayne. "I go to work in the morning, come up here for my treatment, and go back to work," he shares. "There's no nausea, no sickness."

GCC recently opened its own retail pharmacy inside the Center as another way to provide quick, cost-effective care. Patients can pick up their medication straight from their appointment with only a

short wait time. This is especially convenient for those who hire a driver.

Owning the pharmacy means GCC is in control of the amount prescribed and the cost. Many pharmacies charge too much for drugs, Dr. Gabrail believes. For example, they might give a sixty-day or even a ninety-day prescription when the patient only needs a seven-day prescription. In addition, pharmacies don't always have the needed drug in stock. "Whenever you hamper access to healthcare, people ultimately suffer," Dr. Gabrail says.

Availability and access are very important at GCC. In fact, Dr. Gabrail gives many patients his cell phone number so they can contact him with questions or concerns. This thread of compassion runs throughout the whole staff at GCC. Staff know the patients by name and care about them as if they were siblings or parents.

"We hire people who actually believe in a patient-centered attitude," Dr. Gabrail shares. "We have awesome staff."

At GCC, there is a sense of urgency about everything. What takes weeks at a hospital can be done in minutes at GCC. That doesn't mean less quality care. It means better, more personal care than you would get at a large institution.

"It's not like a hospital where you get pushed around," Aaron recalls. "It's very easy to get in. You call in and speak with the front desk receptionist. They will let you know what records they need and tell you what will be happening. It's a very down-to-earth place."

Gabrail Cancer Center can be reached at 330-492-3345. They are located at 4875 Higbee Ave NW Canton, OH 44718.





HyR BRIX[®]

a revolution in growing

It all began with the family of a fourth-generation farmer and their church. Dan and Jennifer Lane hope that the revolution they've begun in central Ohio will reach and affect you and your family.

The Lanes manage 2,000 acres of farmland spread over 26 farms in Delaware County, Ohio. Their own family values and desire for healthy, nutritious foods sent them down a path of searching for the best fertilizer for their fields and gardens. Their goal was to pursue a healthier lifestyle by increasing the nutrition of the crops they grew.

Commercially produced fertilizers fell short of Dan's ideal. He wanted a fertilizer with all the necessary micronutrients, secondary nutrients, and minerals; with no fillers, pesticides, or GMO ingredients; and with a slow release. But he could not find such a fertilizer on the market, so he set out on the mission of creating it himself.

The Lanes began mixing and testing naturally-mined nutrients—including minerals taken from ocean deposits—and beneficial probiotics. They strove to rebuild the soil, incorporating everything plants needed to, in turn, provide more nutrition to

THE MISSION OF HYR BRIX® IS TO REVOLUTIONIZE WHAT YOU GROW FOR IMPROVED HEALTH.

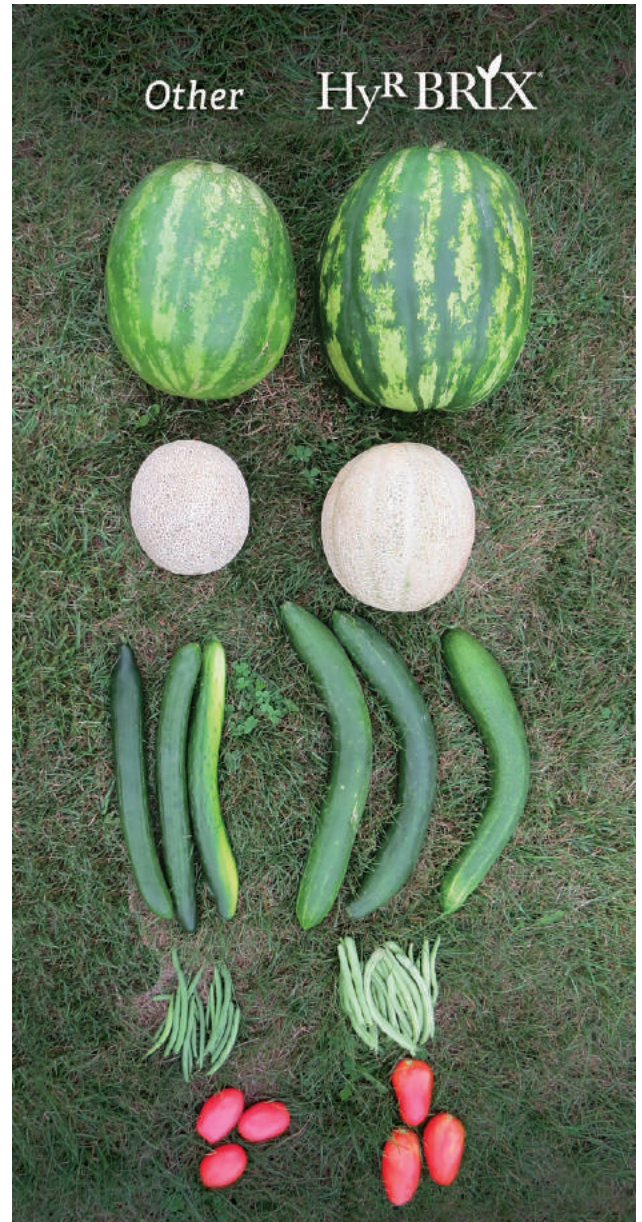
either the person or the animal eating the plant. As Dan likes to say: “If it’s not in the soil, it’s not in the plant!”

Mixing the natural elements and striving to get the soil fertility just right, they began to see results. Plants in their test plots were not only healthier, more stress-resistant, and producing more and lasting longer, but their vegetables also were bigger and tasted better! The °BRIX value—a standard measurement of nutritional value—of their plants shot upward.

Soon after, Dan began winning awards for his soybean crops! Their farms were producing better plants and larger harvests than neighboring farms. And the people of their church began to come to him for advice: “What can I do about this problem in my garden? What kind of fertilizer should I use on my tomatoes? How can I prevent this blight?”

So the Lanes began to mix custom blends for their friends at church. And from that beginning, HyR BRIX® became a fertilizer now available to the public. They offer a variety of products such as Vegetable, Fruit & Berry, Sweet Corn, Organic Vegetable, Tomato, Pasture, Organic Pasture, Lawn, and Buck Stampede, a food plot fertilizer.

This is good news for everyone concerned about the proliferation of GMO (genetically modified organisms) products on the grocery-store shelves, for everyone seeking to provide more nourishing food for their families, for gardeners who are puzzled about the best fertilizer to use, for growers of livestock, and even for hunters who maintain food plots. Used on pasture



or forage, HyR BRIX® optimizes growth, quality, and nutritional intake to grazing animals. Healthier animals result in healthier offspring.

Besides adding nutritional value to the soil and thus to plants and animals, HyR BRIX® promotes a plant’s resistance to disease and insects. It extends the plant’s growing season, increases the yield, and improves the taste of the food as well. It also works wonders on flowerbeds and planters. (But it is not for use on houseplants or to start seeds.)

HyR BRIX® is safe and simple to use. A dry, granular product, it can be scattered on the soil at any time and applied only *once a season*. With slow-release properties, it will be adding nutrients to the soil all season long. A



new, all-purpose liquid fertilizer is now available! While the dry fertilizers are perfect for the busy gardener, the liquid fertilizer is great for those looking for next-level health and yield from their garden.

The mission of HyR BRIX® is to revolutionize how you grow for improved health. The Lanes' family values guide their choices. Dan is a firm believer that you do not have to sacrifice quality for quantity, and a majority of their farms are produced with strict non-GMO practices. Their desire is to keep the fertilizer company small so that they can also keep prices as low as possible, and they've decided to stay out of the big box stores and, instead, work with smaller garden and seed retailers.

A list of over 400 stores that carry the product

throughout the Midwest can be found on www.hyrbrix.com. The website is full of information and a variety of products. You may also call 855.497.2749 (855-HYR-BRIX) to request a free catalog or assistance in finding a store near you. The company can be contacted by mail at HyR BRIX Fertilizer, 2287 Berlin Station Road, Delaware, OH 43015.

HyR BRIX® invites you to join them in revolutionizing what you grow, eating more nutritious food, and living a healthier lifestyle! //

Alicia Rittenhouse
HyR BRIX® Fertilizer
855-497-2749
alicia@hyrbrix.com



Alternative Medicine Treatments

Marie Dueck started experiencing pain in her stomach. When she visited her doctor in Belize, he prescribed medicine and said she should feel better in two weeks. Instead, she felt worse. She went to Mexico for more tests and was diagnosed with stomach cancer.

Through research and asking friends for recommendations, Marie heard about Dr. Bautista and Immunity Therapy Center. After four rounds of alternative cancer treatments, her CT scan was clear. She has been cancer free for 6 years.

She had wonderful experience, and is grateful to Dr. Bautista and the Immunity Therapy Center team.

Learn how you can beat cancer with alternative treatments
Consult with one of our doctors today at (619) 333 5961
immunitytherapycenter.com/JPV

We Treat: All type of cancers in all stages (I - IV)

+ Autoimmune diseases + Chronic degenerative disease + Infectious diseases, including Lyme disease



Dr. Carlos Bautista

To our wonderful customers:

Thank You!

We look forward to serving you in

2020!

15% OFF STOREWIDE*
25% OFF ALL FABRIC
YEAR-END CLEARANCE SALE

**Excludes machines, cabinets, parts, and repairs*


JANUARY
4-11

**CHESTNUT
RIDGE**
Sewing
Superior Products Quality Service

Open till noon Dec. 31 | Closed Jan. 1-3

5079 Township Road 401 • Millersburg, OH 44654 • **330-893-3359**





We specialize
in one thing – kids.



AKRONCHILDRENS.ORG

RMA
SERVICES LTD
RELIEF FOR PAYROLL HEADACHES



R. MILLER
ACCOUNTING
PAYROLL • INCOME TAXES

Hello Middlefield.

WELCOME TO A COMMON SENSE PAYROLL COMPANY.

After 21 years of providing payroll services for the Holmes County Amish community, we are branching out and offering our services to the Middlefield community. We have partnered with Great Lakes Print And Business Solutions in Middlefield, which will operate as our local payroll pickup/drop-off point.

Give us a call today to schedule an appointment to discuss your payroll needs. We can meet you at your location or in our new Middlefield office.



Middlefield Office
440-462-3574
15561 W High St
Middlefield, OH 44062
Herrington Square Plaza

Millersburg Office
330-893-2044
3507 US 62
Millersburg, OH 44654

Jason Yoder:
jasony@rmilleraccounting.com
Josh Miller:
josh@rmilleraccounting.com
Fax: 330-893-3574

And Now For Something Completely Different...

OLD DUTCH WORDS CROSSWORD PUZZLE

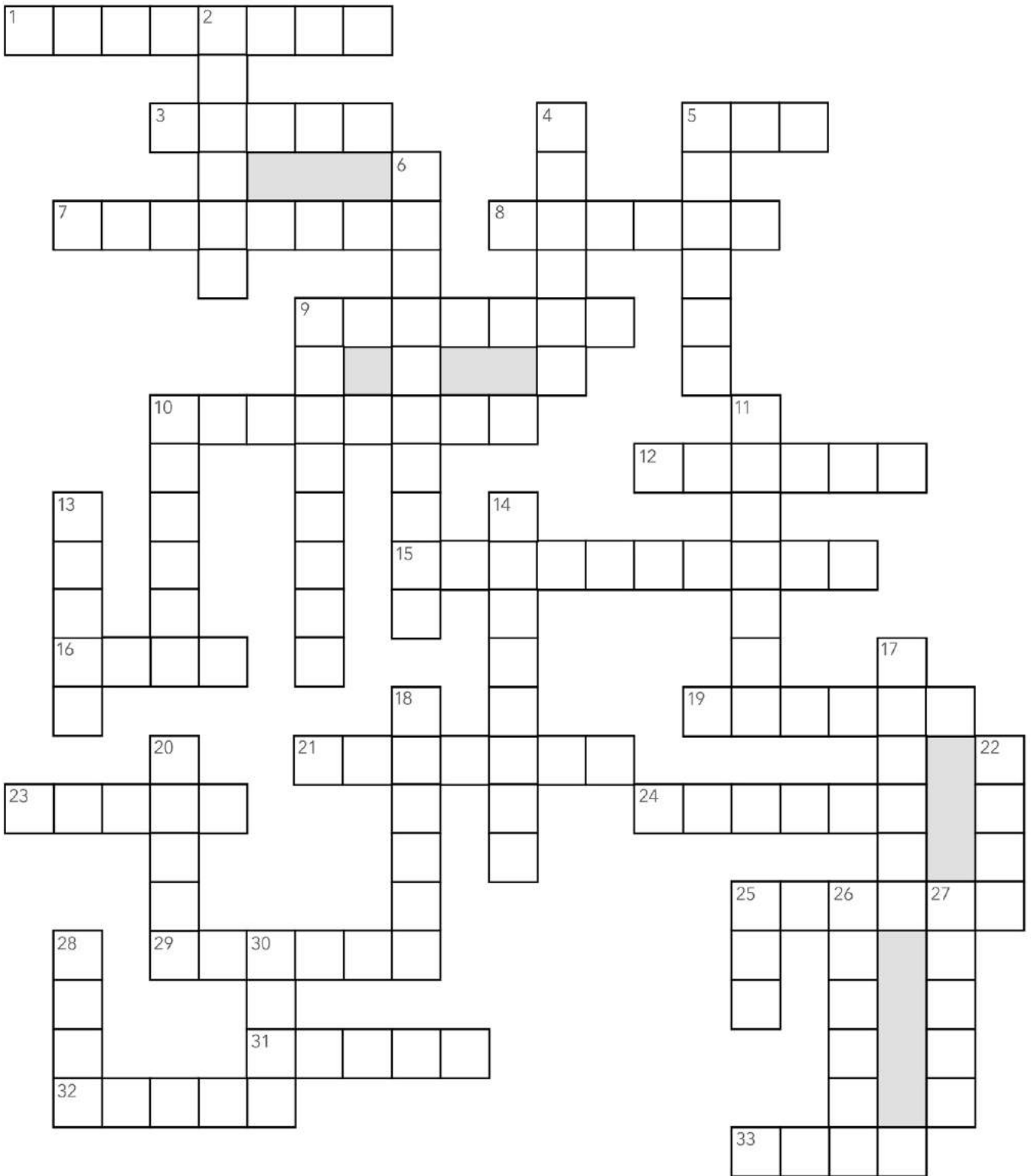
The clues below are old, forgotten dutch words. The answers in the puzzle are what they mean in English.

DOWN

- 2 Faden
- 4 Gaerscht
- 5 Keevel
- 6 Hoop sa shrah va
- 9 Griksla
- 10 Auggcht
- 11 Dobuk
- 13 Zvelfla
- 14 Drukka
- 17 Foahgengah
- 18 Ehrlich
- 20 Stiffel
- 22 Langsam
- 25 Jetzt
- 26 Rasade
- 27 Meer
- 28 Hovah
- 30 Kalb

ACROSS

- 1 Berg
- 3 Grusza
- 5 Kashta
- 7 Zite-ing
- 8 Nasht
- 9 Shanshta
- 10 Fleisich
- 12 Vollgah
- 15 Eahtbabben
- 16 Beide
- 19 Polfer
- 21 Shtordies
- 23 Butta
- 24 Drah-k Monnah
- 25 Eng
- 29 Pehft
- 31 Glicklich
- 32 Lada
- 33 Feahshta



YOUR ONE-STOP SHOP FOR ALL GAS APPLIANCES BOTH SALES & SERVICE!



Crystal Cold Refrigerators

- 11-21 cu ft sizes
- White, Black, Stainless Steel or NEW Black Stainless Steel (color options vary by model)
- 6-Year Warranty!
- Free Safety Package



Freezers

- Blizzard (Gas)
15, 18, 22 cu ft sizes
- Crosley (Electric)
16, 20, 25 cu ft sizes

GETTING
MARRIED?

Ask for the newly
wed discount!

Premier Gas Stoves

- White/Black, Biscuit, or Stainless Steel
- 30", 36" Ranges
- Natural or LPG
- Roll Out Drop Door Broiler
- Anti-Tip Bracket
- Bakeview Window available on select models



ERB'S
STOVE CENTER
• HOME & OUTDOOR •

330.893.3903
Monday - Friday 9-5, Saturday 9-1
1 mile east of Berlin on SR 39
4100 State Route 39, Millersburg, OH 44654

\$25 Office Visits

for cash-paying patients

How we can serve you:

- We can perform foot & ankle surgeries in our clinic, helping you save thousands in hospital bills
- We offer 30% discounts for self-pay patients
- With 50 years of experience, we provide local, world-class care for all ages
- We provide on-site foot orthotics and ankle braces



Book your appointment with
Board-certified foot & ankle surgeon,
Dr. Jason Suppan:
330-682-6070



Go from a life of back pain
to a lifetime of living.

FINALLY, AN ALTERNATIVE TO TRADITIONAL OPEN BACK SURGERY. Our minimally invasive outpatient procedures will have you up and walking within a few hours of surgery. We'll provide a free MRI review and tell you within 48 hours if one of our procedures is right for you.

EXPERTS IN TREATING CONDITIONS SUCH AS:

- Bulging/herniated disc
- Spinal stenosis
- Sciatica
- Other chronic conditions



Robert Blok, DO Former Laser Spine Institute Surgeon

Call 888-312-6474 for a FREE MRI Review
(888-31AMISH)



The Commercial
& Savings Bank

www.csb1.com
800.654.9015

Relationships *You Can Bank On*

With a Lender You Can Trust

Clay Sinnett | AVP, Commercial Lender | 330.763.2822

With CSB, you gain access to a team of local experts who will support your business, no matter the size, and help you grow.



Voted Back to Back 2018 & 2019
News Herald Best of the Best
"Best Eye Care in Geauga County"



Dr. Kellis, Dr. Ryder, Dr. Johnson and Dr. Barkan

We're Celebrating 25 years!

Special Anniversary

Self Pay Package Rates

for

Cataract Surgery

(transportation discount included)

Call to schedule an appointment:

440-285-2020



KELLIS EYE & LASER CENTER
OPHTHALMOLOGY & OCULOPLASTIC SURGERY

150 Seventh Avenue, Suite 100 Chardon, Ohio | Phone: 440-285-2020 | Fax: 440-285-8448 | www.kelliseyeandlasercenter.com

PENGUINS

PERPLEXING AND PROFICIENT!



from: **ANSWERS IN GENESIS**

January 20 is Penguin Awareness Day. The penguin is a common favorite among both children and adults, bird lovers, and cartoonists. Here are some fun facts about a fun bird on Penguin Awareness Day:

1 // They're an Evolutionary "Mystery"

Penguins are one of the most mysterious bird species to evolutionary biologists. What other bird was built specifically for—not flying—but deep-sea swimming? Unlike other birds, penguin wings are designed for flying through water, not air, as it escapes predators and hunts for krill and other seafood.

Evolutionists have a hard time explaining such a creature, especially since there is no agreed-upon ancestor. "Due to the incomplete fossil records, the precise evolution of penguins is not yet understood," said evolutionist Fusae Kudo.¹ They ponder whether penguins descended from flying birds or if their ancestors were already non-flyers—and why would a flying bird lose the ability to fly only to gain the ability to swim?²

GET CONNECTED

HARVEST THE SAVINGS OF NATURAL GAS

Bringing Natural Gas to Businesses
and Rural Communities since 1995.

SAFE. RELIABLE. SERVICE.



4100 Holiday St. NW Suite 201, Canton OH 44718 | 1.888.863.0032 | utilitypipelineltd.com

Mt. Eaton CARE CENTER

Safe & Affordable Birthing Care for the Plain Community

Mt. Eaton
MIDWIFERY

NEW MIDWIFERY CLINIC NOW OPEN
Childbirth Classes • Birthing Care • Postpartum Care

9176 Winesburg Road • PO Box 177 • Mt. Eaton, Ohio 44659
Care Center: 330.359.5493 | Midwifery: 330.359.0580

FOR ALL YOUR DRILLING NEEDS

WATER WELL • GEOTHERMAL • CONSTRUCTION

YODER
DRILLING
& Geothermal

997 SR 93 NW • SUGARCREEK, OH 44681 • (330) 852-4342



Penguin wings are substantially flattened compared to their flying counterparts. This makes the wings incapable of supporting the bird in the air but perfect for navigating dense water. Because the oldest penguin fossil is very similar to modern penguins, evolutionists conclude that penguins must have evolved fairly early in the evolutionary timeline. A far more reasonable assumption would be that God created penguins to function just as they do in today's world, as their own created kind.³

2 // Their Fashion Is Functional Too

Penguins' tuxedo bodies made them perfect comic choices for the famous cartoon scene in Disney's 1964 *Mary Poppins*. They waddle out like top-notch British waiters eager to serve cakes and tea. But those fancy feathers have several functions; Aside from helping the birds with insulation, their sleek black backs and white bellies also help them camouflage as they soar through the water so that their predators—mostly seals—might not see them.

3 // Penguins Don't Only Live in the Antarctic

Though most people associate them with Antarctica, most penguins populate the Southern

Hemisphere around the shores of Australia, New Zealand, South Africa, and South America. Only the emperor and the adélie nest exclusively on Antarctica. The Galapagos penguin, which nests in the Galapagos Islands, is the only penguin to live as high as the equator. Evolutionists don't even have a consensus on why penguins are restricted to the southern hemisphere.^{4,5}

4 // Penguins Could Take Home an Olympic Gold

Most penguin species swim four to seven miles per hour. That doesn't sound all that fast until you consider that most Olympian swimmers average about five miles per hour. Michael Phelps hit his top speed at six miles per hour in 2010. However, the winning swimmer is the Gentoo penguin, which can swim up to 22 miles per hour!

BRANDS THAT BLEND TRADITION AND PERFORMANCE



(866) 668-7MHC (7642)
www.mustad.com



ST. CROIX FORGE
FORGING EXCELLENCE



MotherCare CENTER

Boutique ♥ Herbs ♥ Midwifery ♥ Birth Center
788 East Jackson Street | Millersburg, OH 44654
330.674.MOMS (6667)



.. Serving Holmes County, Ohio, and the surrounding areas ..

BOUTIQUE & HERBALS

for maternity, birth, and beyond

- Prenatal vitamins, nutritional supplements, and herbal formulas.
- Support hose, knee highs, and pregnancy support belts.
- Full line of breastfeeding supplies.
- Nursing bras and nightgowns.
- Diapers and diaper covers.
- New and gently used baby clothes.
- Inspirational and devotional books for moms.

MIDWIFERY & BIRTH CENTER

professional, competent, and compassionate care

- Beautiful, state-approved birth center.
- Full service prenatal, birth, and postpartum services.
- Complete birth care packages and payment plans.
- Back-up doctor and water birth available.
- Rigorous safety standards and protocols for best birth outcomes.
- One-on-one unrushed care.

SUZANNE PEIGHT, CPM
Certified Professional Midwife

CERTIFICATIONS

- Certified Professional Midwife
- Member of the North American Registry of Midwives
- B.E.S.T. birth emergency skills certified
- NRP certified
- Healthcare Provider CPR certified
- Advanced Practice Midwifery certified

Call or write for a free product catalog or midwifery information packet.

5 // Some Penguin Species Are Endangered

One reason for Penguin Awareness Day is to draw attention to penguin endangerment. Some of the most endangered species are New Zealand's yellow-eyed and erect-crested penguins and the Galapagos penguins.⁶

Since their discovery by 15th century explorers, scientists have named up to 32 extinct penguin species and roughly 17 to 20 living species. Sadly, because God cursed the earth for our sin, we can expect death and suffering for both humans and animals. While we must follow God's command to steward the earth (Genesis 1:26–30), we should also expect changes and losses as a result of the fall of man, remembering that God is sovereign over his creation.

6 // Evidence of God's Creativity and Pleasure

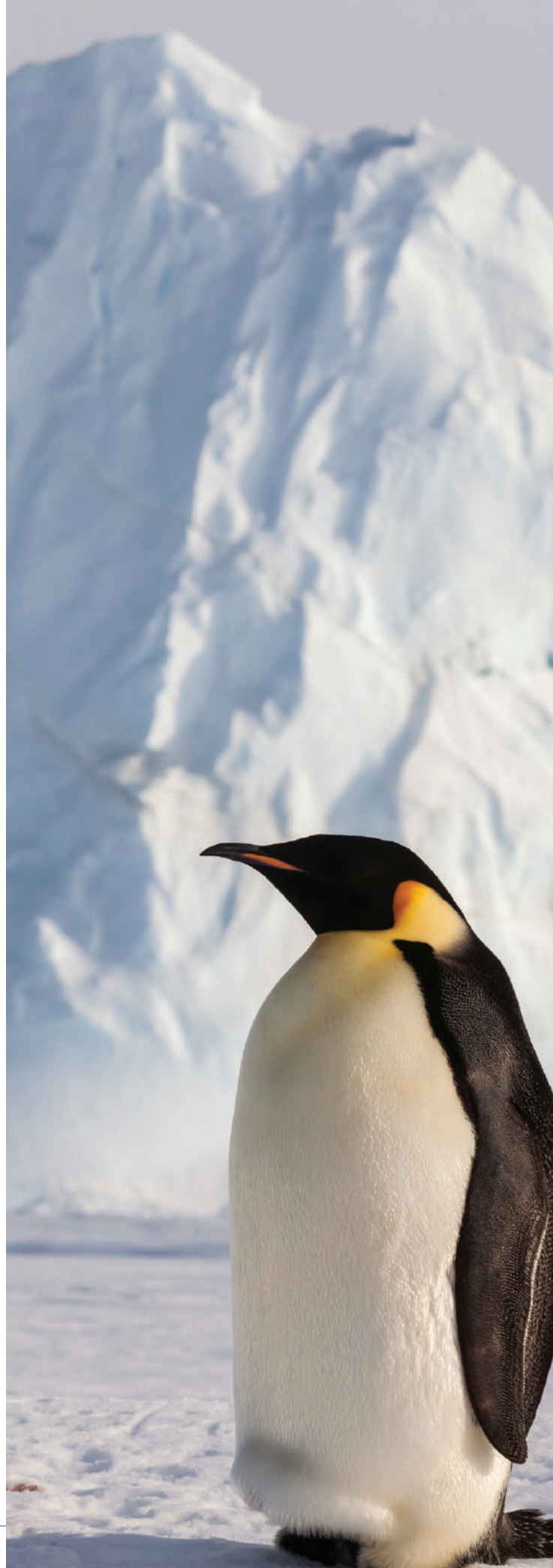
There's no more mystery to our modern-day penguins than there is to any other bird we see. God created penguins on Day 5 of creation week when he created birds of the air and fish of the sea. Penguins show God's creativity and diversity in design. He created them with a large gene pool to diversify and the ability to adapt to new environments following the flood.

God delights in his creation and called all of it “good” in the beginning. We can still delight in his handiwork today and enjoy his fun, flightless penguins! //

ALL RIGHTS RESERVED. THIS ARTICLE IS REPRINTED HERE BY PERMISSION OF ANSWERS IN GENESIS. (ANSWERS® AND ANSWERS IN GENESIS® ARE REGISTERED TRADEMARKS OF ANSWERS IN GENESIS, INC.) FOR MORE INFORMATION REGARDING ANSWERS IN GENESIS, GO TO WWW.ANSWERSINGENESIS.ORG, WWW.CREATIONMUSEUM.ORG AND WWW.ARKENCOUNTER.COM.

FOOTNOTES

- 1) Fusae Kudo, “Origins and Evolution of Penguins,” University of Canterbury (2003), Kudo PDF.
- 2) Penguin Evolution,” Penguins-World (2017), <https://www.penguins-world.com/penguin-evolution/>.
- 3) Jean K. Lightner, “An Initial Estimate of Avian Ark Kinds,” *Answers Research Journal* Volume 6 (2013): 409–466, Avian Ark Kinds PDF.
- 4) Allan J. Baker et al., “Multiple Gene Evidence for Expansion of Extant Penguins out of Antarctica due to Global Cooling,” *Proceedings of the Royal Society B* 273, no. 1582 (2006): 11–17, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1560011/>.
- 5) Daniel T. Ksepka et al., “The Phylogeny of the Living and Fossil Sphenisciformes (Penguins),” *Cladistics* 22 (2006): 412–441, ResearchGate PDF.
- 6) Hannah Waters, “14 Fun Facts about Penguins,” *Smithsonian Magazine* (April 25, 2013), <https://www.smithsonianmag.com/science-nature/14-fun-facts-about-penguins-41774295/>.



WORD *of the* YEAR

words by: **FERREE HARDY**

It's the beginning of a brand new year. Do you ever wonder what lies ahead? Have you ever chosen a single word that will be your goal for the new year?

I'm not one to hear "a word from the Lord," but last year at this time, I had the impression that Tom and I would be going into a year of transition. Offhandedly, I told him that our word of the year was *transition*.

Transition is that part of childbirth also known as "hard labor." But I am happily past that part of my life, so no hard labor for me, right? The word usually just means change. It seemed like a reasonable word for the year because we planned to switch our membership to another church. That wasn't an easy decision; I'd leave my job at the church's school, too. I loved my job, but it was the right time to leave. The hard labor of transition seemed like an appropriate term for our change, but I didn't give it much thought.

However, a few months later, Tom reminded me of our word of the year and said it might be more than I'd thought. Within days, he was without a job.

It was the perfect storm. We were between churches, and now we were both between jobs. We put our house up for sale. It was



**YOU'D BE SURPRISED HOW
EXPENSIVE CHEAP ENDS UP BEING.**

"I purchased a sofa set at one of the budget furniture stores, and now less than three years later, it's unusable. What seemed like a good deal now looks like a waste of money." - real customer



**HOMESTEAD
FURNITURE**

phone: (330) 674-4902 | hours: Monday-Saturday 8:30-5:00
8233 State Route 241, Mt. Hope, OH | Homestead-Furniture.com

Homestead only sells quality American and German-made upholstery brands that will last.

**STANFORD
FURNITURE**

NORWALK FURNITURE

himolla

DUTAILIER

**BRYANT LEATHER
BY HOMESTEAD**

LANCER INC.
Made in North Carolina Since 1984

**UltraComfort
AMERICA**

L A Z B O Y

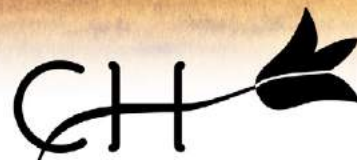
coming soon

HOMESTEAD COLLECTION

economical . practical . quality . outstanding selection of colors

EASY ROLL SHADES

solar . blackout . light filtering



Creative Holmes

9098 State Route 39 | Millersburg, OH 44654
p . 330.674.2590 f . 330.674.2560

**STOP IN TODAY AND SPEAK WITH A
DESIGN CONSULTANT**

...GOD DOES NOT CHANGE. HE CONSISTENTLY AND FAITHFULLY OFFERS HOPE IN THE VERY DEEPEST OF LOSSES AND DARKEST OF DAYS.

time to down-size; we didn't need extra bedrooms, playrooms, or workshops. And what about my chickens—Natalie, Emily, and Marti? They were the first things to go, along with their sweet little chicken coop. (To a 4-H boy, not the stew pot!)

There's much more to this story, but on top of it all, my dad died. My mother had passed away sixteen months earlier, but it was when my dad died that the loss of them both really sunk in. I'd been wrapped up in trying to help Dad deal with his grief, and then saw him come out of his shell and start relating to us kids on a whole new level as a sweet, godly man and a very good friend. But now my parents were both gone. Their apartment was emptied and rented to someone new; I could never return. There was no longer a phone number to dial, and no more birthdays or anniversaries to celebrate with them. Their earthly lives are my memories, some tombstones in a snowy cemetery in Wisconsin, and what feels like a dark, weighty stone in my life.

God could have given me the words *Unemployment* or *Death* to prepare me for what 2019 held. But have you noticed He never gives us words that don't embody hope? Transition is the last phase of childbirth, so I must ask myself, "What is God up to? What new creation is coming into my life now?"

My year of transition cannot compare to the sorrow of widowhood—that still stands as the hardest time of my life, but God does not change. He consistently and faithfully offers hope in the very deepest of losses and darkest of days. This is a truth that I've been fighting very hard to understand and apply.

I can't tell you all I've been going through, but one day when I was at one of the lowest and loneliest points of all, I cried out to the Lord to please encourage me and let me know I wasn't alone. Eventually, I dried my eyes and wiped my nose. I got up from the floor, ready to get on with my day. Then I checked my email, and like a hug from above, there was a note from a stranger.

COMMUNITY BANKING

It's who we are.
It's what we do.
EVERY single day.

MT. HOPE BRANCH
330-674-4887



Tom Arnold, VP
Commercial Loan Officer
NMLS #464106

ROOTED IN THE COMMUNITY
• SINCE 1900 •



THE KILLBUCK SAVINGS BANK CO.

"Serving You Better"

Additional branches in Apple Valley, Berlin, Danville,
Fredericksburg, Killbuck, Millersburg, Mt. Hope,
Sugar creek, and Kidron.

killbuckbank.com



Time & OPTICS Ltd.



A Friend Loveth
at All Times



Worship, Praise, & Trust



Joyful Blessing
Rhythm Clock

A Variety of
21 Song Chips
Available

for:

Precious Melodies,
River Valley, &
Heritage Clocks

OVER 200 CLOCKS ON DISPLAY

• Rhythm • Grandfather • Wall • Mantel • Cuckoo • Collar
• Auctioneer • Precious Melodies • Atomic • Alarm



Send \$5 for our
new clock catalog!
(reimbursed w/ first
purchase)

We also stock
14 brand names of
Binoculars &
Spotting Scopes.

330.674.0210 | 6954 CR 77 • Millersburg, OH 44654
Hours: Mon - Thu 8-5 • Fri 8-7 • Sat 8-3



TARP
55¢ per lb.



COLUMBIA PLYWOOD

3/4 x 4 x 8 • \$39/ea
by-the-bundle \$38.50/ea
Poplar, Birch, Maple,
Shop-grade Red Oak



LAMINATE FLOORING

Floating 8mm - 79¢ per sq. ft.
Floating 10 & 12mm - 89¢ per sq. ft.



RUBBER-BACK DOG CARPETS

By-the-roll • 45¢/lb.
equivalent of 36¢/sq. ft.



ISO. INS. BOARDS

1 1/2 x 4 x 8 - \$12/ea
34 or more - \$11.50/ea
Great for walls &
under concrete



ENTRANCE DOORS

Fiberglass w/ comp. jambs
1/2 lite - \$250
No lite - \$195

LAM. SHEETS
5' x 8'
\$12 each

MINERAL SPIRITS
55 gal. drum
\$279.00

WATER HEATERS
Natural Gas
30 gal. - \$275 • 50 gal. - \$340



P.H.S.

Pleasant Hill Surplus

8500 TR 656 • Fredericksburg, OH 44627

Phone: 330.359.6313 • M & T: 8-7 • W & F: 8-5 • Sat: 8-11 • Th & Sun: Closed



**Some hospitals treat
medical conditions.
We treat you.**

**Trumbull Regional
Medical Center**

A STEWARD FAMILY HOSPITAL



**At Trumbull Regional Medical Center,
we pride ourselves on providing high
quality, personalized care. Whether
you need emergency or surgical
services, cardiac to orthopedic care
or maternity services we have you
covered. Your health and safety are
our priority.**

**To speak with our dedicated Amish Nurse
Navigator, call 330-282-7190.**

Trumbull Regional Medical Center
1350 E. Market Street, Warren, OH 44482



Trumbullregional.org

"Hello, my name is Joyce Miller, and I got your email from *Just Plain Values*. I am part of a group called Broken Restoration, a support group for widows and divorced ladies. We are wondering if you would consider coming to Ohio for Valentine's Day for a seminar?"

Oh my! I was so surprised! Of course, I wanted to go, but really, there was no way I could. Ohio? In winter? Ice? Snow? Driving all that way? I asked Joyce to give me a few weeks to see if my life might settle down a bit. After a few weeks, it did not, so I told her, "I'm sorry, I can't." But in my journal, I wrote, "It's impossible, but I really think God wants me to do it."

Joyce graciously let me know she was disappointed, but she understood. And then about two weeks later she asked me again.

So I will be in Ohio. In February. In the snow, and the cold, and the winter coat that I did not let go of when we were downsizing.

I'll share about the words I did not let go of, either: words from the Bible like *truth, grace, kindness, rest, honesty, love, mercy*, and, most of all, *hope*, for when life transitions in some hard and unwanted ways. Would you like to come? I'd love to meet you. Start watching for registration details; Saturday, February 15, at Fairlawn Mennonite Church in Apple Creek, Ohio, Lord willing. //

Until next month,

ferree ♥

To learn more about widowhood, order a copy of *Postcards from the Widows' Path – Gleaning Hope and Purpose from the Book of Ruth*, by Ferree Bowman Hardy. It's a gentle, biblical guide for widows that has many saying, "This is the best I've ever read!" Please mail a check for \$14.99/copy (paperback, 248 pgs.), along with your address to: Ferree Hardy, P.O. Box 5024, Florence, SC 29502. Allow 2 – 3 weeks for delivery. Free shipping for all JPV readers! www.WidowsChristianPlace.com



LOVING OUR ENEMIES

words by: **MARCUS A. YODER**

Heinz Gaugel, the man who painted the mural at Behalt, did much of his research in the *Martyr's Mirror*. In his reading, he came across an account that he felt deserved a prominent place on the canvas and in the story of our people. In fact, he requested that this story be one that we never leave out when people take a tour of the Mural. It is the story of Dirk Willems, an Anabaptist from Holland.

We know little of Dirk except for the one act in which he supremely exemplified how practically one can love their enemy. Dirk was arrested and imprisoned for his beliefs in the prison of the Dutch



WHILE DIRK WAS HUMAN, WITH ALL THE PROBLEMS OF HUMANITY, HIS ONE ACT OF LOVE EXEMPLIFIES VERY WELL CHRIST'S WORDS TO US FROM LUKE 6:27: "LOVE YOUR ENEMIES AND DO GOOD TO THOSE WHO MISUSE YOU."



WILL ORGANIZER

The timing may be uncertain,
but your responsibilities are not.

- Who will raise your children? What will happen to your things?
- Make intentional decisions about your children and other less-important assets.
- You haven't done it yet because you haven't decided to do it.

Call TODAY and ask for
your complimentary
Will Organizer.



 Anabaptist
Foundation

55 Whisper Creek Drive
Lewisburg, PA 17837
800-653-9817 | info@afweb.org

THE CHURCH TOWER
IN MODERN-DAY
ASPEREN, NETHERLANDS.

village of Asperen in 1569. He managed to escape and was fleeing to where his wife and children were in hiding. He was seen by some *Taufer Jauger* (Anabaptist bounty-hunters) and pursued. Rather than leading his pursuers to his family, he fled across the open countryside. He crossed a river on ice that was precarious but held under his weight. He was a short, thin man who had suffered hunger while in prison. His pursuers, however, were heavier, and one of them broke through the ice.

Hearing the cries for help from his enemy, Dirk turned back and helped the man to safety, but in so

doing, he was captured and held until soldiers arrived. They arrested and chained Dirk and returned him to a more secure cell in the church bell tower. Dirk was condemned to death and burned at the stake on May 16, 1569.

While Dirk was human, with all the problems of humanity, his one act of love exemplifies very well Christ's words to us from Luke 6:27: "Love your enemies and do good to those who misuse you." While we know little about Dirk's theology or of his life prior to this one tragic day, we do know he was willing to live what Christ taught in a practical way that cost

NEW YEAR SPECIALS

\$25
Battery-Powered
Toothbrush

\$98
Fluoride
Trays*
With Gel

*Fluoride trays are custom-fitted plastic trays made in-house. Used daily, the prescription-strength fluoride gel will help prevent & control decay & reduce sensitivity. (Existing decay must still be removed & teeth filled if recommended.)

15% off all treatments for Amish and Mennonite patients

We offer a full range of dentistry and orthodontic services. Schedule a free consultation today.

Navarre Dentistry and Orthodontics

117 Main St N, Navarre, OH 44662 330-879-5771

Monday-Thursday, 8:30am-6:30pm



Maysville Elevator, Inc.

10583 Harrison Rd, Apple Creek OH 44606

- Dairy
- Swine
- Equine
- Pet
- Grain
- Feed
- Seed
- Fertilizer
- Grinder

330-695-4413

or

888-695-4413

Nathan Yoder - Owner

Timothy Yoder - Salesman

him his life. One wonders what emotions and feelings were present when word was received by his wife and children of the ultimate price that Dirk paid for being loving and kind.

In our world today, we may never have the opportunity to save the life of our pursuers and enemies, but every one of us has the opportunity to be kind and loving to those who mistreat us. Mistreatment may not be physical torture and death; rather, it is more often gossip, slander, or hurtful words and deeds. What will we do in such a situation? Will we "return" and offer them a hand, or will they die in the icy river of their own making?

If you would like to learn more about Dirk Willems or purchase a copy of the *Martyr's Mirror* or the picture of Dirk reaching out his hand in love, please call or visit the Amish & Mennonite Heritage Center.

We offer guided tours of "Behalt" - a 10 ft. x 265 ft. Cyclorama oil-on-canvas painting that illustrates the heritage of the Amish and Mennonite people from their Anabaptist beginnings in Zurich, Switzerland, to the present day. Behalt means "to keep" or "remember." We are open Mon-Sat, 9:00-5:00, and are located near Berlin; you can find us at 5798 County Road 77, Millersburg, OH 44654. Please call (330) 893-3192 for more information or to schedule a day or evening group tour. //



*Experience
Peace & Comfort
in Ohio Amish Country*

Just Plain Values SPECIAL

Carlisle Inn Walnut Creek – \$89 standard room

Carlisle Inn Sugarcreek – \$99 standard room

*Plus **FREE** \$20 Dining Voucher!*

Jan – May 2020 based upon availability

Must Book with Code:
JPVM



www.CarlisleInns.com
855-411-2275

MARCUS A. YODER IS THE EXECUTIVE DIRECTOR OF THE AMISH & MENNONITE HERITAGE CENTER AND THE OHIO AMISH LIBRARY. HE IS ALSO THE AUTHOR OF *CATHEDRALS, CASTLES, & CAVES: THE ORIGINS OF THE ANABAPTIST FAITH*.





2020 TOURS

FEBRUARY 17-MARCH 6

Southwest Trip

MAY 5

Mother/Daughter Outing (from OH)

MAY 9-16

Deep South Trip

JUNE 1-26

West Coast

JUNE 27-JULY 4

Outer Banks

JUNE 29-JULY 4

Branson, MO



JULY 2-16

Canadian Rockies (Calgary Stampede)

JULY 6-18

Colorado

JULY 9-11

Lancaster (from OH and IN)



JULY 27-AUGUST 8

Nova Scotia & Prince Edward Island

AUGUST 5-8

Summer Mackinac Island

AUGUST 10-15

Gettysburg, DC - Natural Bridge

AUGUST 13-15

Ark Encounter - Creation Museum

AUGUST 19-22

Mystery Trip



SEPTEMBER 14-17

Niagara Falls

SEPTEMBER 16-19

Fall Mackinac Island

SEPTEMBER 23-26

Finger Lakes

OCTOBER 5-16

New England States

OCTOBER 5-10

Smoky Mountains

OCTOBER 12-15

New York City

OCTOBER 17-24

Historic Savannah & Charleston

DECEMBER 28-31

Smokies at Christmas



DECEMBER 28-31

Niagara Falls at Christmas

Southwest Trip

Grand Canyon, Phoenix, Oak Creek Canyon, Apache Trail, Squaw Peak, boat cruise, Pacific Ocean, San Diego, shopping across the border, Carlsbad Caverns, Hot Springs-Arkansas, along with plenty of sunshine is on the schedule for this southwest tour. Touring Arizona, southern California, New Mexico and Texas. Leave the snow and cold behind and enjoy 70° weather.

For more information or reservations, please contact:

KEN WENGERD

Tour Coordinator

7572 State Route 241
Millersburg, Ohio 44654

330-674-7885

ken@pioneertrailbus.com
Toll-free: 800-355-5474

No worries,
WE CAN HELP
you with that
challenge.



HERSHEY MACHINE

5502 SR 557
Millersburg, OH 44654

Phone: 330-674-2972
Fax: 330-674-2973

"My diabetes was out of control."

All my expensive medications stopped working, and more and more black and blue spots were beginning to show. I needed a solution before bad became worse.

I received that solution from one simple program! This program completely corrected my blood pressure and blood sugar. My Neuropathy pain disappeared. My joints have flexibility and movement that I didn't know I could have again. I've even stopped taking most of my expensive diabetes meds. And to top it all off, I've lost 30 pounds and am at my best weight in 20 years."

-Leon Miller

If you want to learn more about this program, call Leon Miller at 1-877-610-1693.

THANK YOU FOR ALL YOUR SUPPORT IN 2019.

**WE LOOK FORWARD TO SERVING
YOUR E-BIKE NEEDS IN 2020!**



3290 County Road 160, Millersburg, OH 44654 | (330) 275-5011
8324 Township Road 562, Holmesville, OH 44633 | (330) 601-3365

Member
FDIC

No ^{*} **minimum balance**
FREE ^{*} **checking**
Debit card
box of checks

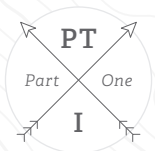


7789 County Rd 77 | Mt. Hope
330.674.4673

4737 US 62 | Berlin
330.893.2221

*Must be 18 or older to open a checking. 16 or older with a parent/legal guardian. Checking account must remain open for a minimum of 90 days or an Early Account Closure Fee will apply. Minimum deposit to open the account is \$50.00. Account subject to approval. Limit of one box of BLUE checks free. Offer valid for new checking account customers only. Offer expires 5/31/20 and is subject to change. For more information about the checking accounts and services we offer, visit our website at www.firstfed.com or contact . Accounts may be opened online at www.firstfed.com, or in person at any of our seven convenient locations. Use PROMO CODE: CHBR19

firstfed.com



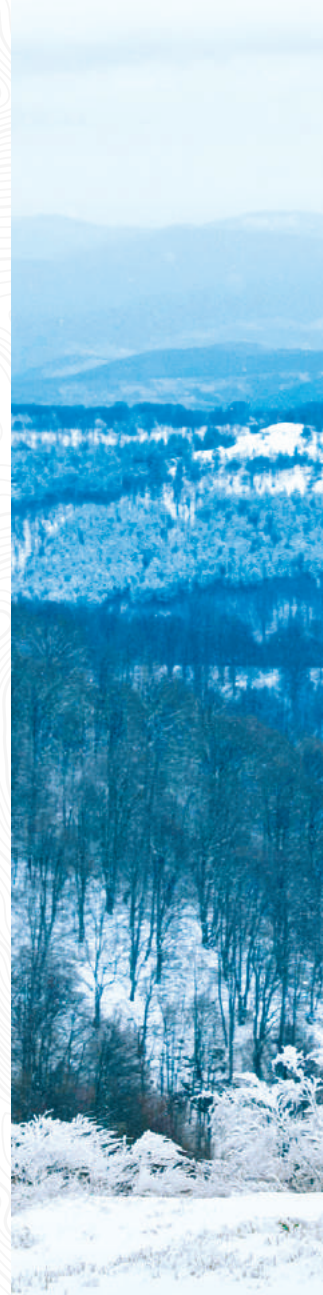
DRIVING ME CRAZY

words by: **TORRY MARTIN & DOUG PETERSON**

Forrest Gump famously said, “Life is like a box of chocolates. You never know what you’re gonna get.” The same could be said about buying a cheap, well-used Jeep from the post office.

Shortly after arriving in Alaska, Rob and I realized we were going to need to buy a second vehicle. Our other one was white, and I kept losing it in the snow. So I set about the business of car shopping. It was summer at the time, but I knew winter would be fast approaching, so I looked for something that could handle the snow and the mountains where we lived.

I made an exhaustive search for a new car, which in man-speak means I bought the first vehicle I saw. The post office in Anchorage was selling used Jeeps for \$2000 apiece—not a bad deal—but the catch was that you couldn’t test-drive them. You had to pick one out blindly and hope and pray that it held together without duct tape.







...I RISKED DRIVING ON THE SLICK ROADS TO THE WALMART IN ANCHORAGE JUST SO I COULD TALK TO ONE OF THE PEOPLE GREETERS. I WAS THAT DESPERATE FOR HUMAN CONTACT.

I wound up with a 1982 CJ8 Jeep, and through the summer it drove great, although I had to get used to driving on the wrong side. Post office Jeeps always have the steering wheel on the right side—the passenger seat in a normal car.

When the first snow arrived with winter, I discovered the Jeep's many limitations. The heater didn't work, the defroster was faulty, and the Jeep had removable doors, so it wasn't airtight—although why the post office would want removable doors on their Jeeps in an arctic climate is beyond me. What were they

CONGRATULATIONS DAVID TROYER!



**WALLEYE
FALL BRAWL** LLC

**SECOND
PLACE**

Weight:
12.09 lbs
Length:
30 3/4"

Thank you,
David, for
being our
customer
and friend.



Clay Pigeons,
Shotgun Ammo,
Thrower for Rent



Eskimo
Flotation
Ice suit



Ice fishing
& jigging
supplies



**MID OHIO
SPORTING GOODS**
LLC



8447 TR 652 • Millersburg, OH 44654
M, W: 8 - 8 • TU: 5 - 8 • TH: 8 - 5 F: 8 - 7
SAT: 8 - 3 • Closed Sunday



thinking? "It's freezing in here, but I still have feeling in my toes. Let's get rid of the doors and fully commit!"

So this was the vehicle I was soon driving around Alaska in freezing temperatures and on snow-packed roads. As Forrest said, you never know what you're gonna get, and metaphorically speaking, I had bitten into the most awful piece of chocolate in the box.

The only one who seemed satisfied with the Jeep in spite of its many flaws was Sam. I suspect this was largely because he liked to sit completely upright in what appeared to be the driver's seat, and he reveled in the looks of envy from other dogs as he appeared to drive by.

The defroster was on the blink, so I kept an ice scraper in the front seat. As I drove, I kept one hand on the steering wheel while I scraped the inside of the windshield. I would even lean over and clean Sam's side of the windshield because he too needed a clear view of the road, just in case he had to take the wheel in a pinch. (Sam would probably have been a better driver


anyway.) I also kept a second ice scraper on hand. This one had a long handle that allowed me to open the window and reach out and scrape the outside of my windshield as I drove. While I was at it, I would use the scraper to whack the windshield wiper, which regularly froze in place.

The scary part was that I was a dubious driver even when I wasn't trying to scrape windows and steer at the same time. Ask Rob about my driving habits, and he'll probably mention the snowy day when I risked driving on the slick roads to the Walmart in Anchorage just so I could talk to one of the people greeters. I was that desperate for human contact.

I was about four miles down the road when I hit a patch of ice and lost control of the Jeep. Suddenly, I felt as if I were in the teacup ride at Disney World, spinning around and around and around and trying to turn into the spin, as they always say. When I slid off the road and into a snowbank, I had no choice but to call Rob at work.

CUSTOM-BUILT
For Books, Furniture, Gifts, Turkey, Produce, and More!

BOXES



16392 Western Road
Dalton, OH 44618
P 330.603.2133 | F 330.473.1629

Miller
PACKAGING

LOCALLY MADE • CUSTOM PRINTING AVAILABLE!

Est. 1924
MT. HEALTHY
Hatcheries



**A SPECIAL OFFER
FOR
SPECIAL FRIENDS**



**10% OFF ALL YOUR ORDERS WITH US
IF PAID IN FULL BY FEBRUARY 29, 2020**
SCHEDULE YOUR DELIVERIES ANYTIME BETWEEN
NOW AND DECEMBER 31ST 2020

HATCHING ALL OF OUR POPULAR BREEDS, INCLUDING:

Golden Comets **Rhode Island Reds**
Isa Browns



SPECIAL BONUS
Take advantage of
our free bonus chick offer!

For more information, call for a free color catalogue.





1-800-451-5603
www.mthealthy.com


"What was so important to get at Walmart that you had to drive out in the snow?" he said. "Whatever you needed I could have picked up on the way home."

"That might have been awkward. I needed a people greeter."

"What?"

"I need human contact with someone who didn't snap at me every time we talked—or say 'whatever' every other sentence."

"Whatever."

"The people greeter has to talk me," I explained. "It's his job. Besides, it's like free therapy. You should try it."

"A few more years with you and I'm sure I'll need counseling."

So Rob left work and drove out to rescue me, hooking the tow strap to his truck and pulling me back onto the road.

"Follow me into Anchorage, and I'll make sure you get there," Rob said with a scowl.

So I drove as carefully as possible, keeping my eyes focused on the back of Rob's truck. The road was snow-covered and slick, but I was doing fine...until I reached the Rabbit Creek overpass. I didn't realize at the time just how dangerous an icy overpass can be. Because an overpass doesn't have the ground beneath it—only air—it loses heat rapidly and freezes easily.

I learned this lesson the hard way when I reached the overpass. Suddenly, my Jeep was sliding sideways down the road, and I'm like, "Woaaaaaaahhhhh!"

I made it across the overpass, but on the other side, I ended up in a ditch once again.

Even worse, Rob hadn't been checking his rearview mirror regularly, and he was long gone. So I called him on my cell phone.

"Are you still behind me?" he asked.

"Technically, yes."

"What do you mean 'technically'?"

"Well, I'm behind you, but I'm in a ditch...again."

Rob was becoming technically ticked. But he

LOOKING FOR A NEW SHOTGUN?

Seasonal Hours:
Closed Fri. Evenings
Jan through Spring



330-893-1990 | 4432B State Route 557 | Charm, OH 44617
Mon 8-7 • Fri 8-5:30 • Tue, Wed, & Thu 8-5 • Sat 8-12 • Closed Sun
Formerly Erb's Sports & Archery • Marty J. Hershberger, Owner

wheeled around, drove back, hooked up the tow strap, and hauled me out of the ditch for a second time.

When we finally reached Walmart, safe and sound, he told me, "You better plan on spending all day with that greeter because I'm not going to tow you again. I'll stop by Walmart after work and follow you home."

"Fine," I said. "Five hours at Walmart. I can do that."

But five hours in a single store wasn't as easy as I thought, especially since the greeter turned out to be rather unsociable. He was friendly for a couple of minutes, and then I think he began to suspect I was trying to take his job. //

// TO BE CONTINUED

**HE WAS
FRIENDLY FOR
A COUPLE OF
MINUTES, AND
THEN I THINK
HE BEGAN TO
SUSPECT I
WAS TRYING
TO TAKE HIS
JOB.**

TAKEN FROM: OF MOOSE AND MEN. COPYRIGHT © 2016 BY TORRY MARTIN AND DOUG PETERSON. PUBLISHED BY HARVEST HOUSE PUBLISHERS, EUGENE, OREGON. WWW.HARVESTHOUSEPUBLISHERS.COM. USED BY PERMISSION.

**OVER 150
EXHIBITORS!**

Mt. Hope Event Center

8076 State Route 241, Millersburg, OH 44654

Thu 2pm - 9pm • Fri 9am - 9pm

Sat 9am - 5pm

**2-Day
Pass
\$15.00**

Admission \$10
Kids 12 & Under
FREE!

NORTHEAST OHIO SPORTSMAN SHOW

January 16 - 18, 2020

THURSDAY ONLY! | Kids Fishing Seminar with Dan Armitage | 6pm

**ALL
NEW** | The Trout Pond will be on site
all three days for Kids' Fishing

**Hunting &
Fishing
Seminars
Daily**

**Register to
win this safe,
and other
prizes!**

SATURDAY ONLY! | Buckeye Big Bucks will be on-site to score antlers...so bring 'em in and get a professional score!

For all the details and attractions visit www.ohiosportsmanshow.com or call JW Promotions @ 740-397-7788

**Sponsored
By:**



CHARM WELLNESS CENTER & RETREAT

EMBRACE THE JOURNEY

A Private Membership Association

4402 State Route 557, Charm, Ohio
Call to see how we can help you: (330) 893-1212

LEGAL & REAL ESTATE SOLUTIONS FOR YOU

Attorney and Title Agent Kristy I. Bowling
and her team can help you with all of the
details to make your transaction run as
smoothly as possible.



**KILLBUCK VALLEY
TITLE AGENCY, LTD.**

434 N Washington St. Ste 3, Millersburg, OH 44654
Call us today: 330.674.6006

We **SERVICE** and **INSTALL!**



Saylor-Beall Air Compressors

American Made • Industrial Quality, Two Stage Air Compressors
Built for durability by experienced staff

**Boontown
SPRAYER SHOP**

Sales & Service
4485 Township Road 606
Fredericksburg, Ohio 44627
Phone: 330-695-2221

Hours:
Mon-Fri: 6:30-4:30
Sat: 8:00-11:30

SWISS VALLEY Tours

New Trips and Adventures added monthly!

2020 TOURS

NIAGARA FALLS

FEBRUARY 14-15, 2020



KEY WEST, FL SUNSHINE

FEBRUARY 17-29, 2020

MOTHER DAUGHTER OUTING

MAY 9, 2020



KEY WEST, FL SUNSHINE

Everglade boat rides, sunny beaches, restaurant buffets, trained bears, and a bunch more fun. This Florida trip has a little bit of everything or a whole lot of nothing if just relaxing in the sun is more your thing. For the whole itinerary of this fun and relaxing trip, give us a call!



SMOKY MOUNTAINS

MAY 11-16, 2020

KY HORSE PARK & ARK

MAY 22-23

MYSTERY TOUR

JUNE 5-6, 2020

LANCASTER, PA

JULY 9-11, 2020

SS BADGER - MI - WI

JULY 20-24, 2020

CAPE COD

JULY 27-AUG 1, 2020

COLUMBUS ZOO (2 BUSES)

AUGUST 1, 2020

ROGER'S FLEA MARKET

AUGUST 7, 2020

WISCONSIN - BERNE, IN

AUGUST 17-22, 2020

LIBERTY SUNSET, KY

OCTOBER 9-10, 2020

MYSTERY TOUR

OCTOBER 10, 2020

GROVE CITY OUTLETS & YOUNGSTOWN

NOVEMBER 7, 2020

LOUISVILLE, KY (LIGHTS UNDER LOUISVILLE)

NOVEMBER 20-21, 2020

OGLEBAY

DECEMBER 5, 2020

SCHEDULE A TOUR: CALL MARY OR KATIE AT (330) 852-3898

| maryswissvalley@bbnwireless.com P.O. Box 552, Sugarcreek, OH 44681

“

I TRULY BELIEVE THAT YOUR ADVERTISING WORKS WITH THE QUALITY OF THE CONTENT IN THE MAGAZINE AND THE NUMBER OF PEOPLE THAT RECEIVE IT. THANKS FOR CONVINCING ME TO TRY IT AND BACKING UP WHAT YOU SAY. I WILL DEFINITELY CONTINUE TO ADVERTISE WITH YOU MORE IN THE FUTURE.

Rob Robinson

CUTCO ROB

MT. HOPE BIKE

magnum
bikes
BREEZER

SURFACE
GO4
inStep

BURLEY
FELT ELECTRIC

IZIP
valeco

TAKE THE SCENIC ROUTE



7639 State Route 241 | Millersburg, OH 44654 | (330) 674-BIKE(2453)





THE CANINE CORNER

VACCINES

PART ONE

words by puppy expert: **DR. THERESA HOXWORTH**

This article is Part One of a two-part series on vaccines in dogs and puppies. I am not going to cover which types of vaccines and the schedule I recommend; everyone has their own ideas on that subject. Instead, I want to cover some of the basics of why we use vaccines, the types of vaccines you can give, and some reasons why a vaccine might not be effective.

Vaccination can be described as the controlled introduction of an organism into an animal's body to generate an immune response. The goal is to enable the animal's immune system to respond quickly if the animal has any exposure to that disease-causing organism for which you previously vaccinated. There are three types of vaccines: killed, modified live, and recombinant.

Killed vaccines are made by taking the disease-causing organism and killing it, usually with heat or chemicals. This destroys the ability of the organism to



Real Websites At Realistic Prices

Contact Us At:

 **330-275-7910**

 **Support@TroyerWebsites.com**

 **TroyerWebsites.com**



Put More Money in Your Pocket with Your Own Professional Puppy Website!



Eliminate Middleman Fees



Build A Brand



Raise Your Puppy Prices



Easy to Manage

reproduce but keeps it intact so the immune system can recognize it and begin developing immunity to it. Killed vaccines cannot cause an animal to get the disease, but usually have a shorter length of immunity than the other types of vaccines.

In a modified live vaccine, the disease-causing organism is changed or modified so that it cannot produce disease in an animal but is capable of reproducing inside the animal. These types of vaccines produce a longer-lasting and stronger immune response. You can—usually—vaccinate less frequently with these vaccines.

Recombinant vaccines consist of just a piece of the disease-causing organism—the important part that the body needs to see in order to recognize the disease. It is not possible for this partial organism to reproduce or cause disease in the animal. Response to these vaccines varies depending on the organism against which you are vaccinating.



When a puppy is born, it has very few antibodies, which are supplied to the puppy by the nursing colostrum (the first milk from the mother). These antibodies are absorbed for only about twenty-four hours after birth. It is important to ensure that the dam has a high antibody titer (the level of antibodies in the blood) at the time of whelping to provide lots of antibodies to the pups. It is generally recommended to vaccinate the female in the few months before breeding, up until just before breeding. This will allow the female to, hopefully, have a high antibody titer when it is most important for the pups. It is not recommended to vaccinate pregnant females.

The antibodies that a puppy receives from its mother will help it fight off disease for the first few weeks of life. Although puppies need these antibodies to protect them from disease, they can also interfere with vaccinations we may give them. The antibodies the puppy has received from the

FINALLY! Eliminate COLD & CRUSHED Puppies

THE NEW & IMPROVED 5-FT LOW CUT MODEL!

G.D.M. "The Whelping Den"



- ✓ Tapered Bottom - to keep pups in the center
- ✓ Round - no pups crushed in corners, easier to clean
- ✓ 100% Plastic - for top performance, litter after litter
- ✓ Heat Sources - propane, hot water or electric
- ✓ USDA Approved - for use in commercial kennels, as well as hobby breeders with only one or a few dogs
- ← 6 Colors - green, eggshell, red, pink, blue & black

Ahhh-Finally
a den that
keeps me
cozy warm!

Ahhh-Finally
a den that keeps
me comfortably
cool!



ONLY \$785 Includes five whelping carpets

Coming Soon!

Deluxe 5-foot Model

- Self-contained unit
- Great for unheated building
- Fully enclosed
- Heat source - propane, hot water or electric

3-Foot
Dens Now
Available!

**ALSO AVAILABLE AT
JB FEEDS • 330-893-3684**

UnitedFencing
13379 DOVER ROAD • APPLE CREEK, OH 44606 LTD

Ph: 330-857-1543

Hours: Mon. Tues. Wed. & Fri. 7:30 to 5:00
Thurs. 7:30 to 8:00 Sat. 8:00 to 12:00 Noon

WHELPING CARPETS

- ✓ For less cleaning
- ✓ Puppy comfort
- ✓ Keeps pups cleaner
- ✓ Eliminates Swimmer's legs
- ✓ Additional replacement carpets available

female can actually attack the agent used for the vaccine and destroy it before the immune system of the puppy has a chance to respond. Each puppy may respond to vaccines at different times, depending on when the maternal antibodies start to decline, and that is why we recommend giving a series of puppy vaccines.

There are many reasons why vaccine failure may occur. Some animals may have a genetic predisposition to vaccine failure and are unable to generate an immune response to a vaccine. Some animals do not respond to vaccines as well as others. In rare situations, the organism given in a killed or modified live vaccine can actually change or mutate after the vaccine has been given to the animal and then start to cause disease. If you are administering the vaccines to your dogs, it is essential that you understand the proper storage and handling of the vaccines. Carefully read the instructions on the particular

**SOME
ANIMALS
DO NOT
RESPOND
TO VACCINES
AS WELL
AS OTHERS.**

GIVING THE VACCINES INCORRECTLY CAN CAUSE THE VACCINE NOT TO WORK AND COULD ALSO CAUSE THE ANIMAL TO BECOME VERY SICK.

vaccine you are using, and ensure that it is kept at a controlled temperature.

Make sure you give the correct dosage to each animal. Using too small of a dose can fail to cause an immune response in some animals. Along with knowing the dosage, make sure you understand how to administer the vaccine. Some vaccines are given to dogs under the skin, up the nose, or in the mouth. Giving the vaccines incorrectly can cause the vaccine not to work and could also cause the animal to become very sick.

Check the label on the specific product you are using for the age recommendation to make sure it is safe and will be as effective as possible. Also, check the label to see when or if a booster vaccine is recommended.

Vaccines are an important part of the health and wellbeing of your dogs and puppies. I hope that this article has helped you to better understand some basic information about vaccines. //

DR. TERESA HOXWORTH CAN BE REACHED AT DANVILLE VETERINARY CLINIC, 740-599-5991, IF YOU HAVE QUESTIONS OR TO SUGGEST FUTURE TOPICS.







FIRSTCHOICE
NORTH AMERICAN FLOORING SOLUTIONS

COMMERCIAL & RESIDENTIAL

Basements • Garages • Shops • Dog Kennels • and More!

IF YOU HAVE THE SURFACE, WE HAVE THE SOLUTION.



DURABLE



ECO-FRIENDLY



QUALITY



AFFORDABLE

330-600-9378

INSULATE EVERYTHING WITH EPS

Commonly used in walls, attics, below grade, and under concrete, siding, and roofing. Great for any in-floor heating projects, commercial application, residential construction, and homeowner DIY projects.



TGC SUPPLY LLC

To order, call Matt Miller: 330-440-5364

PRECISION

ORTHOPAEDIC SPECIALTIES, INC.

An independent private practice allowing for controlled, better pricing on tests and procedures.

- The most advanced treatment for orthopaedic spine & joint conditions
- State of the art MRI facility (Chardon main campus)
- Out-patient hip and knee replacement surgery
- Cutting edge physical therapy and non-surgical treatments
- Chiropractic services and treatment for the spine and joints
- Advanced digital x-ray (All locations)
- Three convenient locations: Middlefield, Chardon, and Auburn



PRECISION

ORTHOPAEDIC SPECIALTIES, INC.

"The Premier Source for Orthopaedics and Sports Medicine"

Gregory C. Sarkisian, D.O. George J. Kellis, M.D.
Laszlo S. Harmat, D.O. Kraig K. Solak, D.O.
Albert S. M. Dunn, D.O. Mark J. Mendezsoon, D.P.M.
Michael J. Kellis, D.O. Jamie DelVecchio, D.O.
Brian Filisky, D.C.

Call one of our convenient locations for an appointment.

CHARDON

150 Seventh Ave. #200
440-285-4999

AUBURN

11800 Washington St.
440-543-2097

MIDDLEFIELD

15389 West High Street
440-632-0279

www.precisionorthopaedic.com

Finally, Lose the Weight this New Year!

TIRED OF STRUGGLING TO LOSE WEIGHT?

1ST STEP: MAKE THE CALL

PLUS! LIMITED TIME Enrollment - *Get PAID to LOSE Weight!

Imagine a future without the extra weight holding you back, a life where you sleep better, have more energy, and don't feel utterly exhausted at the end of every day. I'll explain more in a minute, but first let me introduce myself. My name is Dr. James H. Martin (DCCN, DACBN, BCIM, FAAIM, PSc.D). I've been working in the natural health field for over 44 years. When I was young, I suffered for years with severe headaches and never found relief until seeing a natural health doctor. The experience shaped my life and sent me on my path toward alternative medicine, and I've been helping people naturally ever since. Because of our world today, we are constantly being exposed to toxins in our food, water, and air. These toxins disrupt our body's natural balance and can lead to an array of symptoms including weight gain. Perhaps you've noticed that you've put on some weight over the years? You may need to sit and rest a lot more than ever before, or you can't make it through the day without a nap. It may seem harder and harder to do routine tasks and chores around the house. Your energy has been slowly waning... So, let me share a secret with you right now... **it can all be corrected naturally!** You can restore your energy, your stamina, and find yourself again! **You can get back to taking care of your family without feeling utterly exhausted!**

"I am very pleased with my weight loss. I have lost a total of 48lbs and I've been keeping it off! It varies within 3lbs. My weight is 141.8lbs currently. I am also sleeping better and can get around a lot better. No more huffing and puffing when walking!"

- Susie P. (Mifflintown, PA)



I started the weight loss program 2 months ago. After a week in, I could tell a difference. I woke up feeling balanced. I felt clearer in my thoughts, and I had more energy just a week in! At the end of 8 weeks, I lost 26 pounds and was feeling so much better. The swelling in my legs and ankles has almost dissipated. I have more movement due to the inflammation going down. My friends and family noticed a difference in my attitude and that I am more active. I will keep persevering with

The difference is unbelievable! Sounds just like every other testimonial you've ever read about any other product, right? But no, seriously, the difference is really unbelievable. I got on this program hoping it might help with my dizziness, nausea, extreme fatigue, and depression. And it did! Cleared that all up, no problem. I now have more energy than I know what to do with! But, what amazes me is that it's going way beyond that. I am losing weight, the bags under my eyes are disappearing and of all things, my chronic sciatic pain is clearing up! That had been bothering me for so long that I'd given up on ever improving it. Everyone tells me how much better and healthier I look. Count me as a fan! Nutrition Wellness Center for me!" - Tina H. (Rexford, MT)

my meal plan and vitamins to lose the final 36 pounds. The counseling that you receive every 10 days, I feel, is what has kept me encouraged to keep going. I feel the weight loss is just a bonus to how great I am feeling!" - Jill B. (Parker, CO)

You will literally **FEEL THE DIFFERENCE** our program can make in your life! I have seen thousands of people's lives changed by simply following my program and addressing the underlying cause for their weight gain! Now is **YOUR CHANCE** to start feeling better again! Just call us today to request our **COMPLETELY FREE, NO-OBLIGATION STARTER KIT!** As soon as you do that, we'll send your packet out to you in the mail. It's as simple as that! But call quickly because we only have a limited supply of packets, and I can't guarantee we won't run out! I look forward to helping you change your life for the better! No Obligation, just call for your **FREE Information!** **And as a BONUS, mention our Pay-for-Pounds Program when you call and I'll send you out information on how you can get paid to lose weight!**

— James H. Martin DCCN, DACBN, BCIM, FAAIM, PSc.D

1-800-222-3610

MUST CALL BY: April 3rd, 2020

Nutrition
Wellness
Center



Disclaimer: For educational purposes only. We do not claim to treat, cure, diagnose, or prevent disease. Testimonials are representative of the opinions of the member, and are not claimed to represent typical results. Individual results may vary. These statements have not been evaluated by the Food and Drug Administration. *Pay for Pounds credits can be used on services and products at Nutrition Wellness Center and are NOT redeemable for cash. Credits will be calculated and rewarded at the members' discretion. Members will receive a voucher for their credit when rewards are applied.

FUNDS *and* BENEFITS

// ELAM RAY AND ANNIE LAPP FUND

A fund has been set up for Elam and Annie Lapp. Their daughter Rose Laura was born with severe combined immune disorder on July 18, 2019. She had a bone marrow transplant at six weeks old. They had a lengthy hospital stay, plus an extended stay at Ronald McDonald house. Make checks payable to Elam Lapp Benefit Account, Fulton Bank, PO Box 283, Myerstown, PA 17067, or drop off at any Fulton Bank. Your prayers and support are greatly appreciated.

// MEL AND MARY MILLER FUND

Mel has been diagnosed with kidney cancer. A fund has been established to help pay for his medical expenses, which include dialysis treatments three times a week. Please send all donations to Middlefield Bank, C/O Mel Miller Benefit Fund, P.O. Box 35, Middlefield, Ohio 44062

// ALLEN AND WILMA WENGERD FUND

A fund has been set up for the Allen and Wilma Wengerd family. On November 2, they were blessed with a baby boy, Kody Allen, 11.7" long and weighing 23.4 oz. He will have a lengthy hospital stay, and expenses are high. All donations are appreciated. Make checks payable to Winesburg Northeast Church, Commercial Savings Bank, 2225 US Route 62, PO Box 51, Winesburg, OH 44690. (Memo: Allen Wengerd Fund)

// ANNA SCHWARTZ BENEFIT FUND

A fund has been set up for Anna, age 23. She has been to multiple places because of mental illnesses and is currently residing at Heritage Home. She also has multiple hospital bills and not much income. Any help would be appreciated. Make donations payable to Anna Schwartz Benefit Fund, Bank of Monticello, Canton Branch, PO Box 250, Canton, MO 63435-0250. Thanks in advance.

// ARLEN AND WANDA MULLET FUND

A fund has been set up for Arlen and Wanda Mullet. Arlen, age 31, fell at home and fractured several vertebrae in his neck. He is currently paralyzed from his chest down. They are facing large medical and rehab expenses. They have 2 children ages 1 and 6. Thank you for your prayers and support. Make checks payable to Mt. Hope Charities, Inc. Attn: Fairview West Church, Po Box 19, Mt. Hope, OH 44660.

// THANK YOU

We would like to thank everyone who contributed to the Lori Lambright Fund. May God bless each one of you for sharing.

– Lavern & Rosetta Lambright and Family

/ CROSSWORD ANSWER KEY /

DOWN 2 | Thread 4 | Barley 5 | Bucket 6 | Helicopter 9 | Crickets 10 | August 11 | Tobacco 13 | Doubt 14 | Printing 17 | Leader 18 | Honest 20 | Boots 22 | Slow 25 | Now 26 | Recipe 27 | Ocean 28 | Oats 30 | Calf

ACROSS 1 | Mountain 3 | Greet 5 | Bin 7 | Magazine 8 | Branch 9 | Chimney 10 | Ambitious 12 | Clouds 15 | Earthquake 16 | Both 19 | Powder 21 | Stories 23 | Floor 24 | Remind 25 | Narrow 29 | Secret 31 | Lucky 32 | Shelf 33 | Heel

/ PLEASE NOTE /

If you are conducting a fundraiser to assist with medical or hardship expenses, please let us know and we will be happy to feature it for one month at no cost. Funds must be payable to a bank, church, or charitable organization.

INDEX *of* ADVERTISERS

ABC Foundations

page 12

Akron Children's Hospital

page 31

Anabaptist Foundation

page 51

Boontown Sprayer

page 62

Charm Outdoors

page 61

Charm Wellness Center

page 62

Chestnut Ridge Sewing

page 30

Creative Holmes

page 44

Commercial & Savings Bank

page 35

Delta Mustad Hoofcare Center

page 40

Dry Point Solutions

page 12

Dutchman Hospitality Group

page 52

E-Bikes of Holmes County

page 55

Erb's Stove Center

page 34

Fairview Painting

page 14

First Choice Concrete

page 70

First Choice Mattress

page 17

First Federal Community Bank

page 55

Gabriel Cancer Center

page 24, 25

Green Country Tours

page 54

Hershey Machine

page 54

Homestead Furniture

page 44

Immunity Therapy Center

page 30

J.W. Promotions

page 62

Kellis Eye & Laser Center

page 35

Killbuck Savings Bank

page 46

Killbuck Valley Title Agency

page 62

Leon Miller

page 54

Luxis International

page 3

Main Street Pharmacy

page 23

Masthof Press

page 23

Maysville Elevator

page 52

Mid-Ohio Sporting Goods

page 59

Miller Packaging

page 60

MotherCare Center

page 40

Mt. Eaton Care Center

page 38

Mt. Healthy Hatchery

page 60

Mt. Hope Bike

page 63

MWSB, Inc.

page 8

My MedicalHUB

page 34

Navarre Dentistry & Orthodontics

page 52

Nexalin Technology

page 75

Nutrition Wellness Center

page 71

Ohio Grazing Conference

page 74

Pleasant Hill Surplus

page 46

Precision Orthopaedic Specialties

page 70

Premier 1 Supplies

page 15

Quality SIPs

page 17

RMA Services

page 31

Skyline Homes

page 2

Suppan Foot & Ankle Clinic

page 34

Swiss Valley Tours

page 63

TGC Supply, LLC

page 70

Time and Optics

page 46

Troyer Websites

page 66

Trumbull Regional Medical Center

page 47

United Fencing

page 67

University Hospitals

page 76

Utility Pipeline

page 38

Weaver Leather

page 16

Yoder Drilling & Geothermal

page 38

/ PLEASE NOTE /

When contacting our advertisers, please mention that you saw their ads in *Plain Values* magazine.



NINETEENTH ANNUAL

NORTHCENTRAL OHIO DAIRY GRAZING CONFERENCE

☑ THURSDAY, JANUARY 23, 2020 – FRIDAY, JANUARY 24, 2020 📍 MT. HOPE EVENT CENTER

Are horned cows better than non-horned cows? What happened when a mountain-locked village started eating processed food? Do you know what your cows are telling you? How can cover crops turn a wet/dry year into success? Come to the Dairy Grazing Conference to hear these and many other hot topics!

Even if you're not a farmer, you will certainly enjoy this conference. Our goal is to inspire families to work together in any capacity. For some, the take-home of the day is simply interacting with another farmer over the noon meal. As farm numbers dwindle, it's important to stand together and share ideas and experiences. There's still a lot to be optimistic about!

You can also meet company reps and suppliers you may have only talked with over the phone. More than 100 vendors will set up farm-related booths, including the well-known Redmond Agriculture company.

Topics will include various aspects of dairy farming that can be utilized by conventional dairies, low-input dairies, and even beef and sheep farms. Highlights include:

A Swiss farming tour slide presentation: "Visit" a sheep farm in the Alps, and see how Swiss farmers move their cows by season. Learn how fish farming, beekeeping, baking bread with traditional grains, and sheep cheese making is done in Switzerland. Judith Mudrak, a Swiss tour guide, follows the footsteps of Weston A. Price, a dentist from Cleveland who studied farming culture in the 1930s, particularly how the farming lifestyle affected dental health. Judith authored the book, *Milch Ist Nicht Gleich Milch! (Not All Milk is Alike!)*.

Learn Farming: Other industries have used Lean manufacturing for decades. Now those principles are being applied to agriculture. Jeff Bewley, a certified Lean Farming trainer from Kentucky, will share how Lean principles can increase efficiency on a dairy operation.

Cow Signals: Did you know your cows talk to you? Jeff Bewley is passionate about cow-focused housing and cow comfort. Hear how the Cow Signals approach increases milk quality and minimizes lameness, injury, and disease.

Cover Crops: Discover how you can pull through a wet/dry year by getting more from what you already have. Kent Solberg from the Sustainable Farming Association will share on integrating livestock into cover crops to regenerate the soil.

Local farmers sharing their stories include John Mark Weaver and Atlee Miller of Fredericksburg; Mervin Hershberger of Dundee; Jesse Ramer of Sharon Grove, KY; and Doyle Stoller of Sterling, OH. Dave Brennan, a vet from Ashland, OH, will speak on producing quality milk and lowering somatic cell count.

2-day pass: \$40 per person; \$65 after January 13.
1-day pass: \$25 per person; \$55 after January 13.

Includes
lunch.

For a brochure or more information, contact Ivan Troyer at 330-695-6907.
A downloadable brochure is available at
smallfarminstitute.wordpress.com/upcoming-events.

Come learn from industry experts and local farmers. Share ideas and find community.





NEXALIN TECHNOLOGY

ALL-NATURAL • NO PILLS • NO SHOTS • NO SURGERIES • NO HYPNOSIS • NO PAIN

"I had massive anxiety and heard voices all the time. As a 20 year old, it became so bad that I could no longer live at home and had to be away from the family. My brain stayed confused. I was on five different strong medications and felt tremendously drugged. I went through the Nexalin treatments twice. For the first time, I am off all my medications, have more energy to work and am extremely happy."

- B. Byler, MO

"At 45 years old, I have spent my entire married life on Zoloft and Prozac. I feel like I have missed out on so much with my children growing up and have never felt mentally normal. I've been through Nexalin treatments three times and for the time have stopped all medications. The terrible fear I would feel in the mornings and the anxiety I would feel through the day are gone."

- Miller, VA

"Some of our children have a very rare disease that causes them to stop growing and stay frail. Since using the Nexalin, they have grown almost an inch and filled out in just one month. They also have regained their balance for riding bicycles."

- MO

"I am a 75 year old with cancer and in September of 2016 was in need of radiation treatments. Doctors said that the radiation would be very hard on my immune system, and that I would have many complications. I was thinking about Nexalin, but the family was opposed because of the cost. But I did go ahead and treat with Nexalin anyway. I took all seventeen treatments of radiation without any complications, which surprised my physician. I am now in good health and have a good prognosis. My recommendation is for you to use the Nexalin. It definitely helps your immune system and ability to recover. Thank you Nexalin."

- OH

"I would say my anxiety and fear was as big as anyone I had ever known. As a farmer, I could not go outside and do my work. Nothing was enjoyable to me. I took the Nexalin treatments about a year ago. At the end of the third month after treating, I had a major breakthrough. I started feeling better and continued to feel better week-by-week. I didn't think I would ever feel this good again. I had my doubts that it would work, but the Nexalin people were right."

- OH

"Three years ago I lifted too heavy at work, and I crushed a disc in my lower back. Over time, the disc began to protrude out toward my spinal cord. The worsening condition and pain caused me to have to use crutches and eventually a wheelchair for long distances. Surgery wasn't guaranteed to help, but it was my last option. I was in so much pain I had to do something. I was scheduled for surgery when I called Nexalin. Very skeptically, I took treatments and also went on the Cellulife products. It's been six weeks since treating. I am walking with no pain. My surgeon postponed the surgery because my back is looking so much better. I am so thankful I took a chance and tried Nexalin."

- IN

"My wife became seriously ill in September 2014. She was so sick she was bed-ridden. We took her to Mayo clinic and found out she had stage IV breast and lymph gland cancer. She was considered too weak to treat. We immediately started the Cellulife Cell Recovery and called for Nexalin Therapy. She did 40 sessions and within two weeks was able to begin light household chores. Four months after the treatments, her active cancer score was 2, she had no lumps in the breasts and Mayo clinic said all of her cancer was gone."

- IL

"I was a 20-year-old schizophrenic; hearing voices most of my life. I went through 3 sets of Nexalin treatments, and have been able to cut my medications down to half. For the first time, I have a bright, positive outlook on life."

- Chris E, MO

"I had restless leg syndrome for six years. The medicine was not helping anymore. It had gotten so bad that I was unable to sleep at night and would have to walk the floors constantly. I didn't know what to do. Someone called and told me about the Nexalin ad. I called and set up an appointment. I did 20 sessions in my home. Within two weeks all my symptoms had disappeared. Four months later I still have no symptoms."

- MN

"My anxiety and depression had stopped me from working most days. I was the highest dose of medication that was allowed. After treating with the Nexalin, I have stopped all my meds, sleep soundly all night and am back to work."

- IN

CALL LEON MILLER: 1-877-610-1693

*individual results may vary



The Orthopedic Injury Clinic **SAME-DAY**



Appointments and Walk-Ins for Unexpected Injuries, Broken Bones, Sprains, Strains and More.

When an unexpected orthopedic injury occurs, you may find yourself going to the nearest ER for care. But there may be a better option. **The Orthopedic Injury Clinic provides immediate, same-day access to a team of orthopedic specialists.**

Conveniently located at University Hospitals Geauga Medical Center, our clinic fast-tracks your care with one hassle-free visit – and without multiple appointments or a trip to the ER.

UH Ahuja Medical Center Orthopedic Injury Clinic

Kathy Risman Pavilion
3999 Richmond Road
2nd Floor, Suite 210
Beachwood, Ohio 44122

To make an appointment,
call **216-545-1505**.

Monday through Friday
8:30 a.m. - 4 p.m.

UH Geauga Medical Center Specialty Clinic

13207 Ravenna Road
Chardon, Ohio 44024

To make an appointment,
call **440-876-8050**.

Monday through Friday
8:30 a.m. - 4 p.m.

UH Sheffield Health Center/ Center for Orthopedics

5001 Transportation Drive
Sheffield Village, Ohio 44054

To make an appointment,
call **440-517-5982**.

Monday through Friday
8:30 a.m. - 4 p.m.



University Hospitals